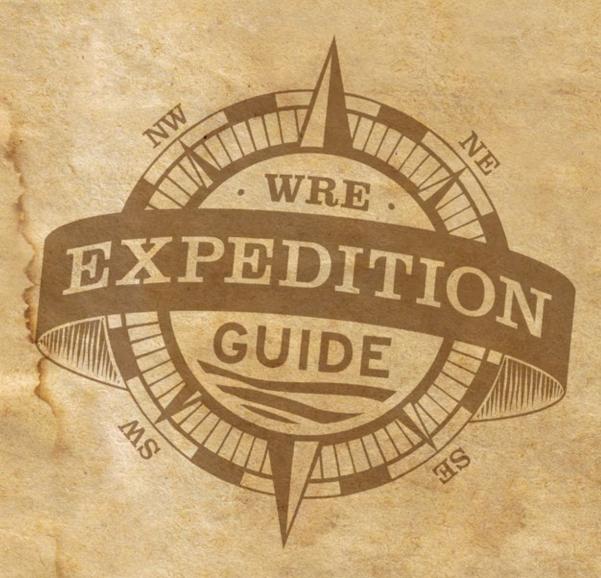


# Lower Salmon River

**5 DAY EXPEDITION** 





Lower Salmon River

**5 DAY EXPEDITION** 

## What to Expect

- Day-by-Day Itinerary
- Typical Day
- Learn About the Rafts
- Camping on the River
- Physical Requirements

## Get Ready!

- Packing List
- Packing Tips
- Travel Information
- Payment & Cancellation



HELLER BAR BOAT RAMP

(TRIP ENDS HERE)

Snake River

Wild Goose Rapids

Eye of the Needle Rapids

Wap Shilla Rapids

Skeleton Creek Rapids



Roller Coaster Rapids



## Lower Salmon River

#### **5 DAY EXPEDITION**

Soak up rich scenic wonder and history while splashing toward huge sandy camping beaches. The Lower Salmon Ri ver trip explores the final miles of the Salmon River before it joins the mighty Snake River on its way to the Columbia River. On this section of river, our cover 53 miles on the Salmon River plus another 21 miles on the Snake River. Along the way we float through four different canyons named Green, Cougar, Snowhole, and Blue. If you're planning to travel with kids, check out our "Family Magic" departures. These are uniquely equipped with a dedicated "River Jester" and other additions specifically designed to make the Lower Salmon River Family Magic trip the perfect family rafting trip for younger families. 🌣

## Day-by-Day Itinerary

DAY ONE » You'll meet your trip leader at 7:30 AM (MST), board the bus, and enjoy interpretation of the surrounding area's historical markers and mountain scenery as you make your way toward the river launch site. A brief visit at a Nez Perce Nat'l monument will introduce native tribes that made these canyons their home. Upon arrival, safety orientation will take place while personal gear is loaded from bus to boats. After a few miles of fun roller coaster style rapids, a tasty lunch stop on a sandy beach will help you take on the Lower Salmon River. A camp spot will be located several miles downriver at about 4pm. Your tent will be ready for you as you arrive. Splash with the kids, build sandcastles with them, or chat with the other guests. On the "Family Magic" trips, while the adults are enjoying hors d'oeuvres, kids are entertained by the "River Jester". A special "kids-only" meal is served about an hour before the adult's main course is served. Kids are entertained by the "River Jester" until dinner time.

DAY TWO » Breakfast is served around 7:00 AM (MST), preceded by an earlier call of hot coffee or tea. Native American rock art sites provide a mid-morning stop just before entering "Green Canyon". Enjoy the wildlife, rapids and scenery through the afternoon before camping for the night on one of the largest sandy beaches in the canyons. A campfire after dinner and an astronomy lesson are the perfect bedtime rituals to create the family magic for which this trip is known.

DAY THREE & FOUR » "Cougar Canyon" and "Snowhole Canyon" are filled with lofty waves and rapids with names like "Lorna's Lulu, Bunghole, the Gobbler, and Bodacious Bounce. The prospect of seeing Bald Eagles soaring over the rustic cabins of early settlers set against the backdrop of mountain vistas fills the time between rapids. The pace of the river picks up as it enters the "Devil's Slide", Sluice Box and Eye of the Needle.

DAY FOUR & FIVE » At the confluence of the Salmon River and the Snake River, you will be riding on twice the flow and some fun adventrous rapids before entering the flat water where we lash the boats together and finish the river trip. Lunch and group photos precede the take-out around 3:00 PM (PST) at Heller Bar. A bus will return you to Lewiston, ID within an hour's drive.

\*Note: This itinerary is provided as a sample. Daily activities and sights will vary based on weather conditions and guide preferences.



#### QUICK FACTS

#### Lower Salmon River & Snake River:

July & August - 5 days, 4 nights Minimum age: 5 -10 years old, depending on seasonal water levels

#### Begins & Ends:

Lewiston, ID

Travel Time from Nearest Major City: Spokane, WA (89 miles, 1.5 hrs)

Current Rates, visit: www.westernriver.com

#### RATE INCLUDES



HIKING » Hikes to old homesteads, Panoramic vistas & more



CAMPING » Pads, tents, sleeping bags, chairs & water-resistant bag



RAFTING » Class II-IV rapids



MEALS » All meals are prepared for you while on the river.



TRANSFERS » Shuttle from the Hells Canyon Grand Hotel to Hammer Creek boat ramp and return from Heller Bar boat ramp.

## A Typical Day on the River

After meeting your guides you will be given a trip orientation that will include how and where you can sit on the rafts, how to hold on, and safety precautions while on the river.

A typical day will include rafting for a few hours at a time, stopping for scenic side-canyon hikes, bathroom breaks, lunch and possible swimming opportunities. Visiting with new-found friends and learning river lore and geology from our well-trained guides adds to the enjoyment of each day.

After a full day of learning and fun we arrive in camp. A cargo raft will have arrived ahead of the group each day to find a camp site, set up tents and all camping needs. When you arrive, just select your tent and make yourself at home for the night.

Western River's partner, ROW, provides pads, tents, sleeping bags, sheets, pillows, camp chairs and water-proof gear bags for all guests. You'll have no need to worry about bringing any of your own camping equipment.

While you relax at the river's edge, your guides will prepare dinner. Every night is different, but the menu may include items such as grilled chicken breast, steak with sautéed onions, pasta, fajitas or fresh fish.

At night, whether you choose to sleep in your tent or under the vast canopy of stars, the fresh night air and the rhythm of the river will lull you to sleep. Each morning, your guides will prepare a delicious breakfast. You'll have a chance to enjoy eating before returning to your campsite to take down your tent and pack up your belongings in your dry bag. After bringing your bag down to the boats, and you are off on another fun-filled day of adventure.

## Rafting Trips vs. Other Vacations

The setting and pace of a rafting adventure gives you something you don't find in other vacations. On a whitewater rafting trip, you will quickly discover why so many are calling this "the best vacation of their lives." It's the combination of drifting over tranquil pools of water under the shadows of towering rock formations, the exhilaration and thrill of rolling waves and crashing whitewater, the exploration of seldom-seen waterfalls and Native American history, the peaceful moments of reflection as you gaze up at the star-studded sky and the fresh feeling of renewal as the morning sun slowly filters through winding canyons. All this provides an indescribable sense of belonging. A sense of oneness with yourself and those around you. A sense of adventure, reflection and renewal. Come discover the difference.

## **Expedition Partners**

ROW Adventures owns the river permits for the area you've chosen to explore. Western River Expeditions' friendship with ROW Adventures allows us to offer a wider variety of river expeditions in the west at the same rates as the trip operator. We are proud to work with ROW Adventures and are confident that you'll enjoy their hospitality and quality of river experience.





"Our trip was amazing! I felt like a kid again. The guides were wonderful and really helped make the experience a great one. I would love to do this again!"

DONNA, New York City

"AMAZING!!! The trip itself was awesome beautiful scenery, exciting rapids, awesome night skies....but really, it was the people that made the trip what it was! Fellow rafters an extraordinary group of folks from all over the US, we really melded into a river "family"! The crew Josh, Mark, Shad and John took such great care of all of us, were knowledgeable about the river, and were entertaining, fun, and funny!! This was definitely a trip to remember. Im feeling a bit of post-river withdrawals, but thinking back on the great times we all shared, makes me smile all over again! If you're considering doing a raft trip with Western, don't hesitate!! You'll be so glad you did!

QUINN - Bend, Oregon



#### Rafts on the Lower Salmon River

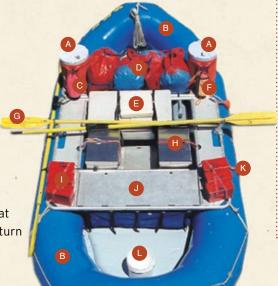
The Lower Salmon offers the opportunity to paddle your own inflatable kayak, enjoy the excitement of a paddle raft, or ride aboard a comfortable oar rig piloted by your skilled guides.

## The Oar Rig

Your river guides will adeptly maneuver four to six passenger oar rigs. These specially designed 18-foot boats offer a comfortable ride and are "self-bailing" which means that any water that comes into the raft immediately flows back out.

- A Ice water
- **B** Guest seating
- C First aid kit
- D Guest gear bags
- E Guide seat atop coolers
- F Throw bag
- G Oars
- H Dry food storage box
- I Personal storage boxes or bags
- J Storage for tents, cots, kitchen stoves, tables
- K "Flip Lines" designed to flip a boat over in the rare event of an overturn
- L Bucket for boat rinsing...

...and water fighting







"Another delightful trip from Western River... but our first kayaking white water and we are hooked! Western is such a class act... the guides go out of their way to make the trip a great experience whether 7 or 70. Though a senior, petite female, they made sure my trip was all it could be."

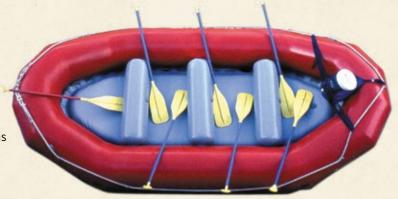
PALM SPRINGS, Califorina

## Inflatable Kayak

Available only at the guide's discretion, these two-person inflatable kayaks let you challenge the rapids on your own. They also provide a peaceful and relaxing way to recline and gaze up at the spectacular scenery in the calm stretches of river. If you've never paddled before, acquiring some basic paddle skills with the help of a guide takes only a few minutes.



In conjunction with our Oar rigs, this trip also offers 18' paddleboats which provide "hands-on" excitement in conquering the waves with a spirited team of 6 rafters. Paddlers need not have any prior experience as your guides will provide ample instruction and ensure everyone's success.











Whether you're a veteran camper or experiencing sleeping in the outdoors for the first time, we will make camping simple. All you need to worry about is packing your personal items in a soft-sided duffle bag. We'll supply the rest:

- "Paco" Pads make sleeping and relaxing on the river easy.
- » Roomy tents are always available. You may be like many of our river guests who prefer to sleep under the vast canopy of stars. If you haven't ever experienced camping you'll be surprised at how dry and comfortable everything stays when sleeping under the stars.
- » Freshly laundered sleeping bags, pillows and sheets provide warmth on cool evenings.
- Water-resistant bags protect your personal belongings from exposure to sand and water.
- » A personal day-use bag keeps important items handy during the day.
- » Camp chairs offer comfortable seating while in camp.
- » A sturdy vinyl ground cloth keeps your gear and camping areas clean. (not shown above)

#### **TOILET FACILITIES**

On the river we use a portable toilet and hand wash system that is set up each day in camp in a secluded location that assures privacy. The toilet is available from the time we pull into camp until we leave the following day. An orientation concerning everything from rapid safety to bathrooms will be given at the beginning of your trip.





"I still haven't come down from this trip! It was amazing, beautiful, adventurous, fun, exciting & spiritual all at the same time. Having never camped a day in my adult life, I did things I never thought possible. From sleeping under the stars to washing in the river – it was incredible. I am so thankful we had the chance to experience the river."

FLORENCE - New York



## Physical Requirements for Rafting Trips

Our primary concern is participant safety. The nature of an outdoor adventure involves some physical exertion and also possible exposure to weather conditions that can fluctuate greatly due to heat, sun, wind, or rain. We do have experience accommodating persons with a wide range of physical challenges, disabilities, or medical and health conditions. However, we have found that for some people the fact of age, weight, lack of conditioning, heart or other disease, can endanger themselves, other guests or create additional hardship that diminishes the suitability or enjoyment of this type of vacation. Please consider these conditions in making your choice of river adventures. Please check with your physician prior to your trip if you have any medical or health condition or if you are taking any medications, and then notify us of how we can better help you with these conditions. In general, participants will need to meet the following physical requirements:

- Fit into a Type 5 Life Jacket (maximum chest size is 52") required by the U.S. Coast Guard
- » Ability to securely grip ropes provided for handholds while running the rapids
- » Enough agility to climb on and off the rafts-this could be as much as a 2-3 foot reach and often on wet and slippery surfaces
- » Ability to navigate uneven terrain on hikes and in camp
- Carry your own dry bag which will include your 20-pound duffle bag along with the sleeping bag and ground cover provided

Our principle objective is for you and your fellow guests to have an enjoyable and fulfilling experience. If you are concerned about any of these requirements, please call our friendly staff to further discuss which trip is right for you.

Our Waiver & Acknowledgement of Risks Form will more fully describe some of the inherent risks involved in these activities. We look forward to having you join us on the adventure of a lifetime.

#### Weather

We always hope for good weather but you should be prepared for the possibility of cooler weather and storms. This is applicable to all trips throughout the season. The following chart shows averages for the months of May through September. Temperatures and precipitation will vary. A rain storm or a cool front can happen anytime. You can find current weather forecasts at:

www.westernriver.com/trips/salmon-river-canyons/weather.php

TEMPERATURES AND PRECIPITATION - LOWER SALMON RIVER:						
	MAY	JUN	JUL	AUG	SEP	
Mean Max. Temperature	70	80	90	86	78	
Mean Min. Temperature	45	52	60	48	51	
Precipitation (inches)	1.42	1.42	1.03	.82	.77	





"I had a great time on this trip, I would recommend this trip to anyone. The guides were unbelivable, they made the trip even better. Their knowledge of the river and the canyons were second to none. Besides their knowledge, the guides were alot of fun to talk with and listen to their stories. I expected to have a good time on the trip, and my expectations were met tenfold."

TIM - Kansas





## Packing List & Travel Tips



#### **DUFFLE BAG**

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. These duffle bags are available at www.redrockoutfitters.com (more info about this on next page). Please limit gear to 20-25 lbs.



#### DAY BAG

Upon arrival to the river's edge, you will be provided a water-resistant day bag (approximately 7" x 13"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, gloves, sarong, medications, sun block, lip balm, river guidebook, etc). We recommend packing these items in a simple plastic grocery sack inside your duffle for easy transfer to your day bag at the launch site.



#### **GEAR BAG**

Also upon arrival at the orientation meeting the night before your trip, you will receive a water-resistant gear bag (16 x 33). This bag will contain your sleeping bag, sheet and pillow. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available at camp each night of your trip.

#### **CLOTHING ITEMS**

- Two-piece rain suit or "paddle gear" (Not just for rainstorms - water temperatures can be chilly! Offers protection against the cold water when running rapids - especially in the early season. No ponchos please)
- 2 3 swimsuits (2-piece swimsuit and quick-drying shorts or sports bra and shorts recommended for women)
- ☐ 2 3 quick-drying shirts, (long sleeved sunhoodies are breezy and effective sun protection)
- ☐ 2 pair of lightweight pants/shorts, shirts & underwear for camp
- ☐ 2 pair of socks for use in case of sunburn or foot injury
- ☐ 1 pair quick-drying pants (optional for sun protection)
- Lightweight fleece top
- Sturdy water sandals or water shoes (no flipflops). Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage.
- Comfortable footwear for camp (optional some guests prefer to change out of wet sandals or shoes into flip flops or other light weight shoes)
- ☐ Hat for sun protection with string or hat clip
- ☐ Bandana or Buff

	Personal hygiene products, Toothbrush & toothpaste
	Plenty of sunscreen
	LavaLava/Sarong coverup (long cloth useful for sun cover, light towel, changing clothes under cover)
	After-sun moisturizing lotion
	Biodegradable soap (Ivory) ALL soaps must be used in a designated spot_away from the river.
	Sport water bottle with clip or carabiner
	Small towel and wash cloth
	Small pack of tissues
	Small headlamp or flashlight with extra batteries
	Binoculars
	Sunglasses with safety strap
	Camera - waterproof digital camera with extra
	batteries and memory. Phones as camera in waterproof cases/sleeves. Charging brick for phones recommended. (Cell service unavailable).
	Extra eyeglasses/contacts (include retention strap)
	Paddling gloves (optional)
	Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested guideline is 10-15% of the trip cost. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew.)
	Polypro socks for river - Wool socks for camp
	Stocking cap, fleece or wool gloves
	Thick fleece jacket and/or lightweight down coat
	Lightweight long underwear for sleeping
	1 additional set of poly-pro or capilene underwear (tops & bottoms)
	Splash Jacket and pants recommended for cold trips
	PTIONAL PERSONAL ITEMS Plastic bag for dirty or wet clothing
	A few clothespins to secure wet clothing while drying
	Disposable moist towelettes
	Personal bee sting kit (if allergic)
	Fishing gear and Idaho (and/or) Oregon license (see note pg. 12 on fishing licenses for Snake River) (gear must be in protective case and disassembled during travel)
	Sundress for ladies

#### **Items Provided**

- » Shuttle from Lewiston to Boat Launch
- » Shuttle from take-out to Lewiston, Idaho
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited drinking water
- » Freshly laundered sleeping bag, sheet & pillow
- » Ground cover & "Paco" pad
- » Tent

- Water-resistant dry bag (16" x 33") for sleeping gear and personal duffle bag
- Water-resistant day-use dry bag (9" x 20") for personal items
- » Oar Boats, Paddle Rafts and Inflatable Kayaks
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

## Be Prepared for Any Weather:

Weather is always present on a river trip... Temperatures can fluctuate daily, and may even disobey predicted weather forecasts! It is wise to come prepared for anything, but we realize there are weight and size limitations for packing. While we cannot predict it all, hopefully we've given you the proper insights and information to prepare you for the adventure of a lifetime!

#### Rain Gear

#### VS.

#### Paddle Gear



**Key Feature:** Easy to wear, versatile, best in warmer weather and rain.

#### PROS:

- Keeps you relatively dry without the "sweat chamber effect"
- Blocks wind-chill after rapids
- Versatile purpose/easy to wear
- · Best for rain, shields whitewater

#### CONS:

- Not waterproof during large rapids
- Getting cold can be a threat to fun



**Key Feature:** Neoprene rubber "gaskets" around wrists & neck. Best in cold weather & whitewater.

#### PROS:

- Nothing better for staying dry
- · Ideal when weather remains cold
- Blocks water from all directions
- · Best for whitewater

#### CONS:

- · Hot & sweaty in warm weather
- Pullover style can be difficult
- Specialized purpose lacks versatility
- No hood for rainstorms

## Get Ready in One Order: Red Rock Outfitters

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. Specifically, we've bundled "The Works" for him, for her and one for gear in general. For your convenience, you can order all these items online with Western's retail division:

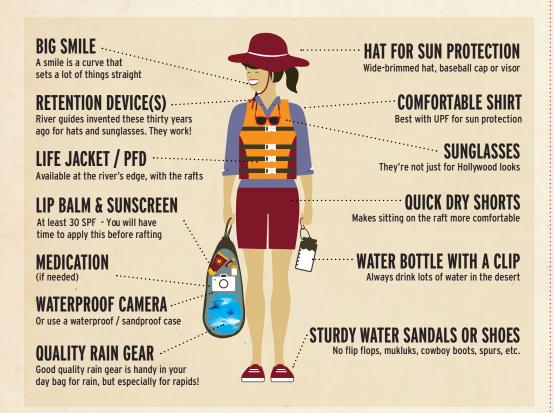


www.RedRockOutfitters.com 1-888-924-2050



## FINAL CHECKLIST: The morning of your trip:

- Check out of your accommodations & eat a good breakfast.
- Come dressed and ready to raft (see diagram below):



## Things to bring:

- □ Duffle bag (approx. 12"x13"x24"), packed with personal items outlined on the packing list
- ☐ Extra drinks, if desired. Avoid glass containers. (see "Beverages" in General Information).
- Extra snacks, if desired. (Snacks will be provided during the trip).
- ☐ Camera(s) Phones as cameras in waterproof cases/sleeves (Cell service unavailable)

## Things to leave: (NOT TO BRING ON THE RIVER)

- ☐ Suitcases can be left at Hells Canyon Grand Hotel Hotel storage facility
- ☐ Unnecessary electronic devices (game devices for kids, etc.)
- Jewelry



## Gear provided:

- □ Large water-resistant gear bag containing a sleeping bag, sheet, and pillow. Once you are dressed and ready for the river that day, you should pack your personal duffle so it is ready to place inside this large rubber bag. You can access it again that night at camp. (Inaccessible during the day).
- ☐ Small day bag to hold personal items you need throughout the day (sunscreen, lip balm, rain suit, camera, snacks). Pack these items the night before your river trip.
- Lifejacket / PFD will be handed out and proper fitting will be demonstrated by your guides when you meet them at the rafts.



#### LOWER SALMON RIVER >> 5 DAY EXPEDITION

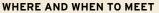




## Pre & Post-Trip Travel Information

There are many travel options to consider in planning your rafting vacation. Simply give us a call and we'll discuss your options.

Be sure to arrive in Lewiston by about 6:00 PM (PST) the evening prior to the trip departure in order to be at the orientation meeting held at the Hells Canyon Grand Hotel at 7:00 pm (PST).



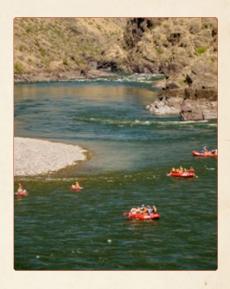
Travel from your home to Lewiston, Idaho and meet ROW Adventure's Team Leader at the Hells Canyon Grand Hotel at 7:00 PM Pacific Standard Time (PST) for a one-hour orientation meeting to answer last-minute questions. You'll also receive your waterproof gear bags. Dinner on your own.

WHERE TO STAY Day Prior to Departure and Last Day of Trip: Hells Canyon Grand Hotel 621 21st St Lewiston, ID 83501 208-799-1000

#### HOW TO GET TO LEWISTON, IDAHO

If you're flying, the following options are generally the most common:

» Fly directly to Lewiston, ID (LWS) (easily reached by major and regional airlines that connect through Boise, Seattle, Portland or Salt Lake City) the Hells Canyon Grand Hotel. Airport shuttle available.



Pre-trip Orientation Meetings are held at 7:00 PM (MST) the night before your river trip. This is an important meeting for you to attend. If you are traveling on your own, be sure to arrive in time.

Time Zones in Idaho are Mountain Standard Time (MST) at the beginning of this trip, and Pacific Standard Time (PST) at Heller Bar Boat Ramp and Lewiston, ID.



#### General Information

**BEVERAGES** » Water is available in unlimited quantities on the boats and in camp. Limited amounts of soda, beer and wine will be available. If you wish to bring your own alcoholic beverages and soda pop you may do so in moderate amounts. Please avoid glass containers. Plastic bottles and aluminum cans work well.

**VALUABLES** » You will want to have photo ID, a major credit card, and some cash for gratuities. All other valuables and jewelry should be left at home. In addition, as a safety precaution we suggest that you not wear rings on the river. Also, each year a few of our guests traveling on airlines arrive without luggage. With this in mind, we suggest you carry with you medications, prescription glasses, and anything you may not be able to replace the evening before your trip departs.

**EXTRA LUGGAGE** » Transfer all of your personal clothing and gear which you will need on the river expedition into a small lightweight duffle bag (approximately 14" X 21"). PLEASE DO NOT BRING SUITCASES ON THE RIVER! As part of your camping equipment package, we provide a water-resistant bag in which you will place your duffle bag (approx. 14" X 21") as well as the sleeping bag we provide for you. If you have extra luggage, you can arrange to have Hells Canyon Grand Hotel Hotel store it for you.

**OTHER QUESTIONS** » If you have additional questions, our friendly staff is available Monday - Friday from 8:00 AM to 5:00 PM Mountain Time. Also, visit us online at westernriver.com for more information. Be sure to see our "FAQS & POLICIES" section online under each trip.



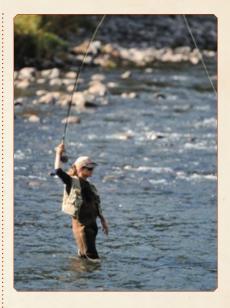
#### **PAYING YOUR BALANCE**

A deposit due at the time of your reservation. Final payment is due 120 days prior to trip departure and may be paid by check (preferably) or by credit card. All payments are non-refundable. We reserve the right to cancel your reservation if full payment is not collected by the due date.

#### **CANCELLATION & REFUNDS**

The cancellation policy applies at the time of deposit. Details regarding cancellations and travel changes for each trip can be found at WesternRiver.com or on you reservation confirmation. If you must cancel any reservation, the cancellation policy applies in every instance and there will be no exceptions for any reason. Western will not issue any refund for arriving late or leaving a trip early. Western River Expeditions is not responsible for any expenses incurred in preparation for any cancelled trips or for costs incurred due to travel delays, flight cancellations, or illness. If you are concerned about the possibility of having to cancel, you may find information about cancellation coverage and policy details at:

westernriver.com/cancellation



Fly Fishing & Spin Fishing are both popular on Idaho rivers. Chinook Salmon and Steelhead abound, as well as a variety of Trout species.

Idaho regulation requires barbless hooks, or barbs bent down. Some rivers have catch and release only policies.

Licences can be purchased online: at:

https://idfg.idaho.gov/licenses

By phone: 1-800-554-8685 or in person in some instances the day before your trip.

Collapsible poles, or rigid pole cases are recommended. In some cases it may be possible to purchase the needed equipment just the day prior to the trip to avoid hassles with airline travel.

