



## 4 DAY TRIP

# Grand Canyon

## PACKING LIST & TRAVEL TIPS

GET THE ESSENTIALS FOR YOUR TRIP AT  
[redrockoutfitters.com](http://redrockoutfitters.com)



### DUFFLE BAG

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. Due to aircraft weight allowances and raft space, please limit your gear to 20 pounds, not including beverages (see note on next page regarding beverages).



### DAY BAG

Upon arrival to the river's edge, you will be provided a water-resistant day bag (approximately 7" x 13"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, medications, sun block, lip balm, river guidebook, etc). We recommend packing these items in a simple plastic grocery sack inside your duffle for easy transfer to your day bag at the launch site.



### GEAR BAG

Also upon arrival at the launch site of your trip, you will receive a water-resistant gear bag. This bag will contain your sleeping bag, sheet and ground tarp. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available at camp each night of your trip.

### CLOTHING ITEMS

- Two-piece rain suit (Not just for rainstorms - water temperatures average 50° F year round. Quality rain gear offers protection against the cold water when running rapids - especially early in the morning.)
- 2 swimsuits (shorts and sports bra, or a 2-piece swimsuit and quick-drying shorts are recommended for women)
- 2 quick-drying shirts (long sleeve and/or short sleeve)
- 1 pair long pants for riding horses
- 1 comfortable lightweight pants/shorts and shirt with underwear for camp wear
- 1 pair socks for use in case of sunburn or foot injury
- Lightweight fleece top
- Sturdy water sandals or water shoes. Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage. Closed-toe footwear is recommended for horseback riding.
- Hat for sun protection with string or hat clip
- Gloves for protection while gripping ropes (optional)

### ADDITIONAL CLOTHING ITEMS - APRIL & MAY

- Neoprene socks
- Stocking cap
- Mid-weight fleece jacket

*Note: Water clarity can vary from clear to very silty. As a result, clothing may become discolored. Please pack accordingly.*

### PERSONAL ITEMS

- Personal hygiene products
  - Plenty of sunscreen
  - Sunscreen lip balm
  - After-sun moisturizing lotion
  - Biodegradable soap and shampoo in small bottles
  - Sport water bottle with clip or carabiner
  - Small towel and wash cloth
  - Toothbrush and toothpaste
  - Small pack of tissues
  - Small headlamp or flashlight with extra batteries
  - Insect repellent (small container)
  - Sunglasses with safety strap
  - Camera - waterproof digital camera with extra batteries and memory cards recommended (Note: online post-trip photo sharing will be available for those with digital images. You will be given access information via email. Please ensure we have your accurate email address on file.)
  - Small travel pillow
  - Medication if needed (cool storage is available)
  - All guests 18 and older must have photo ID available for trip flights
  - Major credit card in case of evacuation and for souvenirs at Bar 10 Ranch
  - Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested guideline is 10 percent of the trip cost. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew.)
- ### OPTIONAL PERSONAL ITEMS
- 2 small carabiners for clipping day-use bag and water bottle to ropes
  - Plastic bag for dirty or wet clothing
  - A few clothespins to secure wet clothing while drying
  - Disposable moist towelettes
  - Mile-by-Mile River Guide Book (see [redrockoutfitters.com](http://redrockoutfitters.com))

## Items provided by Western River Expeditions

- » Transportation to North Las Vegas Airport from Las Vegas Desert Rose Hotel
- » Charter flight from Las Vegas to Bar 10 Ranch
- » Helicopter flight into the canyon
- » Motor coach return from river to Las Vegas
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited water and lemonade
- » Freshly laundered sleeping bag and sheet
- » Cot 28" x 74" and ground cover
- » Tent
- » Water-resistant dry bag for sleeping gear and personal duffle bag
- » Water-resistant day-use dry bag (7" diameter x 13") for personal items
- » Custom rafts
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

**BEVERAGES** » Water and lemonade are available in unlimited quantities on the boats and in camp. Western does not provide beer, liquor, or soda pop. If you wish to bring your own alcoholic beverages and soda pop you may do so in moderate amounts. Please avoid glass containers. Plastic bottles and aluminum cans work well. You may bring up to one-half case per person (12 cans).

**VALUABLES** » You will want to have photo ID, a major credit card, and some cash for gratuities. All other valuables and jewelry should be left at home or in a safety deposit box at your hotel. In addition, as a safety precaution we suggest that you not wear rings on the river. Also, each year a few of our guests traveling on airlines arrive without luggage. With this in mind, we suggest you carry with you medications, prescription glasses, and anything you may not be able to replace the evening before your trip departs.

**EXTRA LUGGAGE** » Transfer all your personal clothing and gear which you will need on the river expedition to a small lightweight duffle bag. Identify duffle bag with label, and leave any extra suitcases at your hotel. Guests of the Desert Rose Hotel in Las Vegas may leave luggage at their hotel for \$5 per bag (non-guests \$15 per bag). If you are staying at another property you should check with that hotel regarding luggage storage. Please DO NOT BRING SUITCASES on your river trip. As part of your camping equipment package, we provide a water-resistant bag in which you will place your duffle bag as well as the sleeping bag that we provide.

**WEATHER** » We always hope for good weather but you should be prepared for the possibility of cooler weather and storms. This is applicable to all trips throughout the season. The following chart shows averages for the months of March through October. Temperatures and precipitation will vary. A rain storm or a cool front can happen anytime. You can find current weather forecasts at [www.westernriver.com](http://www.westernriver.com). Go to Grand Canyon 4 Day Trip and click "Weather Forecast."

**TEMPERATURES AND PRECIPITATION - GRAND CANYON:**

	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT
Mean Max. Temperature	71	82	92	101	106	103	96	84
Mean Min. Temperature	48	56	63	71	79	75	70	58
Precipitation (inches)	.79	.47	.36	.30	.84	1.4	.97	.65



GET THE ESSENTIALS FOR YOUR TRIP AT [redrockoutfitters.com](http://redrockoutfitters.com)

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. For your convenience, you can find all these items online with Western's retail division, Red Rock Outfitters. Visit [redrockoutfitters.com](http://redrockoutfitters.com)

**OTHER QUESTIONS** » If you have additional questions, our friendly staff is available Monday - Friday from 7:00 AM to 6:00 PM Mountain Time. Also, visit us online at [westernriver.com](http://westernriver.com) for more information. Be sure to see our "FAQS & POLICIES" section online under each trip.

*We want to make sure that the vacation package you select is truly the adventure of a lifetime. Rest assured, we will make every possible effort to ensure your comfort and safety while traveling with us. We have a fifty-year history of satisfied guests, and we are excited to have you join their ranks.*



**Western River Expeditions**  
7258 Racquet Club Drive  
Salt Lake City, Utah 84121

**HOURS:** Mon-Fri 7:00am-6:00pm MST  
**EMAIL:** [gorafting@westernriver.com](mailto:gorafting@westernriver.com)  
**ONLINE:** [www.westernriver.com](http://www.westernriver.com)

**TOLL-FREE:** 800-453-7450  
**LOCAL:** 801-942-6669  
**FAX:** 801-942-8514