



## 5 DAY TRIP

# Salmon River Canyons

## PACKING LIST & TRAVEL TIPS

GET THE ESSENTIALS FOR YOUR TRIP AT  
[redrockoutfitters.com](http://redrockoutfitters.com)



### DUFFLE BAG

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. These duffle bags are available at [www.redrockoutfitters.com](http://www.redrockoutfitters.com) (more info about this on reverse).



### DAY BAG

Upon arrival at the orientation meeting the night before your trip, you will be provided a water-resistant day bag (approximately 7" x 13"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, medications, sun block, lip balm, etc). We recommend packing these items in a simple plastic grocery sack inside your duffle for easy transfer to your day bag at the launch site.



### GEAR BAG

Also upon arrival at the orientation meeting the night before your trip, you will receive a water-resistant gear bag. This bag will contain your sleeping bag, sheet and ground tarp. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available at camp each night of your trip.

### CLOTHING ITEMS

- Two-piece rain suit (Not just for rainstorms - water temperatures can be chilly! Quality rain gear offers protection against the cold water when running rapids - especially early in the morning. No ponchos please)
- 2-3 swimsuits (quick dry shorts and a sports bra or 2-piece swimsuit are recommended for women)
- 2-3 quick-drying shirts (long sleeve and/or short sleeve)
- 2 pair of lightweight pants/shorts, shirts & underwear for camp
- 2 pair of socks for use in case of sunburn or foot injury
- 1 pair quick-drying pants (optional - for sun protection)
- Lightweight fleece top
- Sturdy water sandals or water shoes. Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage.
- Comfortable footwear for camp (optional - some guests prefer to change out of wet sandals or shoes into flip flops or other light weight shoes)
- Hat for sun protection with string or hat clip

### ADDITIONAL CLOTHING ITEMS

- Neoprene, wool, or poly-pro socks
- Stocking cap
- Mid-weight fleece jacket
- Wool or fleece shirt
- Gloves
- 1 additional set of poly-pro or capilene underwear (tops & bottoms)

### PERSONAL ITEMS

- Personal hygiene products
- Plenty of sunscreen
- Sunscreen lip balm
- After-sun moisturizing lotion
- Biodegradable soap (Ivory) ALL soaps must be used in a designated spot away from the river.
- Sport water bottle with clip or carabiner
- Small towel and wash cloth
- Toothbrush and toothpaste
- Small pack of tissues
- Small headlamp or flashlight with extra batteries
- Insect repellent (small container)
- Sunglasses with safety strap
- Camera - waterproof digital camera with extra batteries and memory cards recommended
- Medication if needed (cool storage is available)
- Major credit card in case of evacuation
- Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested guideline is 10 percent of the trip cost. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew.)

### OPTIONAL PERSONAL ITEMS

- 2 small carabiners for clipping day-use bag and water bottle to ropes
- Plastic bag for dirty or wet clothing
- A few clothespins to secure wet clothing while drying
- Disposable moist towelettes
- Personal bee sting kit (if allergic)
- Fishing gear and Idaho license (gear must be in protective case and disassembled during travel)

## Items provided by the outfitter for your expedition:

- » Shuttle from Lewiston to Boat Launch
- » Shuttle from River to Lewiston, Idaho
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited water and lemonade
- » Freshly laundered sleeping bag, sheet & pillow
- » Ground cover & "Paco" pad
- » Tent
- » Water-resistant dry bag for sleeping gear and personal duffle bag
- » Water-resistant day-use dry bag (7" diameter x 13") for personal items
- » Oar Boats, Paddle Rafts and Inflatable Kayaks
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

**BEVERAGES »** Water and lemonade are available in unlimited quantities on the boats and in camp. Limited amounts of soda, beer and wine will be available. If you wish to bring your own alcoholic beverages and soda pop you may do so in moderate amounts. Please avoid glass containers. Plastic bottles and aluminum cans work well.

**VALUABLES »** You will want to have photo ID, a major credit card, and some cash for gratuities. All other valuables and jewelry should be left at home. In addition, as a safety precaution we suggest that you not wear rings on the river. Also, each year a few of our guests traveling on airlines arrive without luggage. With this in mind, we suggest you carry with you medications, prescription glasses, and anything you may not be able to replace the evening before your trip departs.

**EXTRA LUGGAGE »** Transfer all your personal clothing and gear which you will need on the river expedition to a small lightweight duffle bag. Identify duffle bag with label. All additional luggage will be transferred to your post-trip lodging accommodations, in Lewiston, Idaho. Please **DO NOT BRING SUITCASES** on your river trip. As part of your camping equipment package, we provide a water-resistant bag in which you will place your duffle bag as well as the sleeping bag that we provide.

**WEATHER »** We always hope for good weather but you should be prepared for the possibility of cooler weather and storms. This is applicable to all trips throughout the season. The following chart shows averages for the months of May through September. Temperatures and precipitation will vary. A rain storm or a cool front can happen anytime. You can find current weather forecasts at [westernriver.com](http://westernriver.com). Go to "Idaho Rafting", "Salmon River Canyons 5 Day" and click "Idaho Weather."

**TEMPERATURES AND PRECIPITATION - SNAKE RIVER, HELL'S CANYON:**

	MAY	JUN	JUL	AUG	SEP
Mean Max. Temperature	69	78	87	86	75
Mean Min. Temperature	40	46	51	48	40
Precipitation (inches)	1.42	1.42	1.03	.82	.77



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Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. For your convenience, you can find all these items online with Western's retail division, Red Rock Outfitters. Visit [redrockoutfitters.com](http://redrockoutfitters.com)

**OTHER QUESTIONS »** If you have additional questions, our friendly staff is available Monday - Friday from 7:00 AM to 6:00 PM Mountain Time. Also, visit us online at [westernriver.com](http://westernriver.com) for more information. Be sure to see our "FAQS & POLICIES" section online under each trip.

*We want to make sure that the vacation package you select is truly the adventure of a lifetime. Rest assured, we will make every possible effort to ensure your comfort and safety while traveling with us. We have a fifty-year history of satisfied guests, and we are excited to have you join their ranks.*



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