

COVID-19 Mitigation & Operations Plan

Experience the Outdoors with Confidence



COVID-19 Mitigation & Operations Plan

Western River Expeditions and Moab Adventure Center

At Western River Expeditions and the Moab Adventure Center, we take standards for hygiene and cleanliness very seriously and are taking additional steps to protect our guests and employees. Our health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and include everything from handwashing hygiene and cleaning product specifications to the cleaning of vehicles, boats and the tools of our trade.

The purpose of this plan is to develop and implement a strategy to operate trips while preventing the spread and outbreak of COVID-19. We are closely monitoring government policy changes, Centers for Disease Control (CDC) guidelines, mandates from federal, state and local governments, and health departments. We will continue to make changes, as necessary or appropriate, to our protocols and procedures.

Please note that all transportation and partner operators are adhering to similar mitigation protocols. However, it is possible that some partner details may vary slightly based on logistical considerations and internal practices.

Specific steps we are taking and areas of focus include:

I. Screening Employees

- All Employees have been encouraged and incentivized to get vaccinated against the COVID-19 virus. Regardless of vaccination status, the following employee screening protocols will be observed.
- Every day, before work, each employee will have temperature checked and must answer the following questions:

“Since your last day of work, have you had any of the following:”

- A new fever (100.4 or higher, or a sense of having a fever)?
- A new cough that you cannot attribute to another health condition?
- New shortness of breath that you cannot attribute to another health condition?
- A new sore throat that you cannot attribute to another health condition?
- New muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)?

- If an employee answers yes to any of the screening questions, the screener will immediately activate the emergency protocol for COVID-19 by following these steps:
 - Remove the employee from the work area and isolate the employee from others.
 - Implement the use of masks and gloves by the employee and co-workers until a status can be determined with a medical test.
 - Have the employee examined and tested by an authorized testing facility or by using a portable rapid test kit in the field, as available.

- If an employee tests positive:
 - Quarantine the employee in a housing facility that has been established for this purpose, or release from duties and allow to return home if self-quarantine and care is appropriate and available without exposing others.
 - Assure adequate medical care and treatment for the employee
 - Coordinate with local officials to conduct “contact tracing”, especially among other employees.
 - Have other employees who have been in close contact with the positive employee monitored.
 - In consultation with medical professionals, consider either a quarantine and/or testing 4-6 days after exposure for those employees who have been in close contact with the positive employee.
 - If possible, alternative duties that can be done in an isolated environment will be arranged.
 - The decision to allow an employee to return to work may be based on: At least 3 days (72) hours since fever has gone (without the use of fever-reducing medications) AND improvement in respiratory symptoms AND at least 10 days have passed since symptoms appeared.

II. Screening Guests

Before Arrival:

- All guests have been encouraged to get vaccinated against the COVID-19 virus. Regardless of vaccination status, the following guest screening protocols will be observed.
- Each guest who is in the “higher risk” category should carefully consider their decision to participate on the trip. We are happy to discuss recommendations put forth by the CDC and the National Park Service Office of Public Health and if any person with a prior reservation chooses not to participate on a trip they have already scheduled, the terms and conditions of the company cancellation policy will apply.
- All guests are strongly encouraged to get a COVID-19 test before traveling, as available.
- All guests are highly encouraged to get the COVID-19 Vaccine before traveling.

- It is recommended that people at higher risk for severe illness from COVID-19 SHOULD NOT GO on backcountry trips. High risk individuals include, but are not limited to people with the following conditions described on the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>
 - The risk for severe illness with COVID-19 increases with age, with older adults at highest risk. For example, people in their 50s are at higher risk for severe illness than people in their 40s. Similarly, people in their 60s or 70s are, in general, at higher risk for severe illness than people in their 50s. The greatest risk for severe illness from COVID-19 is among those aged 85 or older.

Guests determined to be at higher risk should be advised that it is strongly recommended that they do not go on the trip without first receiving both doses of vaccine and allowing the prescribed amount of time for their specific vaccination to be effective.

- Shortly before their trip, every guest will be reminded of the screening questions they will be asked before leaving on their trip. Those questions are: Within the last 14 days, have you:
 1. Had a new fever (100.4 or higher, or a sense of having a fever)?
 2. Developed a new cough that you cannot attribute to another health condition?
 3. Developed shortness of breath that you cannot attribute to another health condition?
 4. Developed a new sore throat that you cannot attribute to another health condition?
 5. Experienced muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)?
 6. Been in contact with an individual who has been ill with respiratory complaints or fever, or who you know has tested positive for COVID-19?
 7. Been diagnosed with COVID-19?
 - a. If “yes”, please enter the date you were notified that you were no longer contagious with COVID-19, or
 - b. confirm that at least 3 days (72) hours since fever has gone (without the use of fever-reducing medications) AND improvement in respiratory symptoms AND at least 10 days have passed since symptoms appeared.
 8. Been tested for COVID-19?
 - If yes, what were the results?
 9. Been tested for COVID-19 antibodies?
 - If yes, what were the results?

- If a guest answers “yes” to any of questions 1-7, we will not allow them to travel with us and instead, will provide an “Adventure Credit” which will allow you and any members of your group who were currently living at the same physical address during any of the 7 days prior to the trip to use the full paid value of your trip as a credit for a future trip at a later date.

Upon Arrival:

- Take temperature
- As part of the pre-trip orientation, ask the “Screening Questions.”
- If temperature is 100.4, or higher, or any “Screening Questions are answered in the affirmative, we will not allow them, or their immediate traveling party, to travel with us and will offer a full refund or an “Adventure Credit” to be used at a later date.

Screening while on Multi-Day Trips

- Daily temperature check of all trip participants, including guides.
- Daily review of symptom screening questions.

What if someone experiences COVID-19 symptoms during a trip?

I. Patient care and management for guests or staff with positive symptoms

1. Consult with federal and health agencies of availability and justification for evacuation.
2. Person will immediately be physically distanced from others and required to wear a mask for the remainder of the trip, or until determined negative through testing. We are working to procure instant test kits which we will carry on all of our multi-trips in case of symptoms, and anticipate having these tools available on each trip during the 2021 season.
3. One liaison will be identified to interface with this person to provide care.
4. Follow EMS protocols and provide appropriate medical treatment.
5. Begin monitoring temperature, oxygen saturation with pulse oximeter, and vital signs. Document and track. Provide updates to medical control, evacuating/governing agencies for each area, and regional manager coordinating care and subsequent transportation, medical, and logistical support.
6. Keep hydrated. (50:50 mix Gatorade/water)
7. Hand and surface washing combined with distancing and face coverings are critical to containment.
8. Notify appropriate agencies if 2 or more experience COVID-19 symptoms.
9. Quarantine.
 - a. Isolation tent

- b. If a patient over age 65 has previous lung or heart conditions that may compromise their immune system OR, experiences worsening conditions consider evacuation or increasing river miles and/or pace of trip to expedite advanced medical care if evacuation is not immediately available.
10. Testing is mandated at earliest opportunity. While the test is being processed, self quarantine away from others on the trip, or in a local community hospital or lodging once back in an urban environment.
11. After evaluation care, notify appropriate agencies, all crew on that trip, and other travelers on that trip of results. Maintain HIPAA protection and confidentiality by using generic terms to describe a “traveler”, or “participant”, who has a confirmed (negative or positive) test.

II. Health management for other travelers on a trip with a suspected positive case

1. Physically distance those family members or friends who were traveling with the person who displayed positive symptoms. Place on a separate raft, or specific, universally recognized and identified section of the raft, conveyance, or equipment.
2. Require face coverings for those traveling with this person. Increase temperature testing frequency to twice daily, and implement pulse oximeter testing.
3. Communication is imperative:
 - a. Communicate with all travelers frequently. Monitor other travelers carefully.
 - b. Check in twice daily via satellite phone or In-Reach with the Area Manager to communicate test results, and if unknown, to receive results regarding the person evacuated.
4. The Area Manager will communicate with all transportation providers to prepare for protected transport at takeout.
5. During the end of trip orientation, the Trip Leader will make the recommendation that all trip participants with potential exposures self-monitor and consider self-quarantine or seek rapid testing. As we know, any time we are in the public domain, it is impossible to avoid potential exposures to a host of infectious germs, viruses and diseases. Potential exposure does not necessarily mean someone is infectious to others unless the proximity and duration guidelines from the CDC are met or exceeded. Area Manager will refer to those current standards and provide all trip participants current guidance on how to best use appropriate precautions and self-monitor. Similar to traveling through an airport, grocery store, or other public space, always use good hygiene and practices.

III. Management of guides who have been on a trip with a suspected positive case

1. Guides will immediately be required to wear a face mask at all times and will continue constant hand sanitizing and hygiene.
2. Initiate twice daily monitoring of temperature and oxygen saturation with pulse oximeter and document. Hand and surface washing combined with distancing and face coverings are critical to containment.
3. The Area Manager will collect information regarding potential exposure, including length of time, proximity, and any physical contact.
4. If it is determined that an employee is potentially infected, a rapid test will be administered as soon as possible. Guides will be relieved of all duties and avoid public buildings or housing until determined negative through time or testing.

Guidelines for Specific Trips

Face coverings for guests and employees

Guests and employees that have been vaccinated will still be required to wear masks at designated times on trips until such a time that the CDC guidelines and the federal mask mandate on public lands say differently.

We will continue to require mask wearing when in confined spaces such as vehicles, when in our facilities, and in food lines. In outdoor spaces, we will follow guidance promulgated by federal agencies and will ask guests to carry their face coverings when hiking and visiting attraction sites. They will be asked to wear these masks when passing other groups on the trail and if other groups are encountered at attraction sites and social distancing is not possible.

Current CDC and federal agency guidance recommends that people visit parks, trails, and open spaces as a way to relieve stress, get some fresh air, and stay active. It also states that “Masks should not be worn when engaging in activities where the mask might become wet, like when swimming.”

Considerations for managing group size:

Rather than limiting our trips to a set number of participants at a predetermined point in time, we will adhere to current guidelines as they change to reflect changing conditions and recommendations. Federal guidelines under the “Biden-Harris Administration Plan to beat COVID-19 states an intent to “provide clear, consistent, evidence-based guidance for how communities should navigate the pandemic”. This includes using social distancing as a dial, not

a switch. Currently, our standard raft group sizes are allowed in parks and other outdoor areas. State guidelines vary and also have phased recommendations. Both are broadly useful for overall numbers, but neither currently provide specific limitations that apply to our unique backcountry environment and trip configurations.

On river

- Each of our trips use raft designs that allow different spacing for participants that integrate different numbers of groups or guests while allowing adequate spacing.
- Rather than focusing on the total group size, we feel that setting a limitation of the number of groups on a raft that correlates to the number of spaced seating areas is better methodology. A 16' paddle boat and a 36' motorized J-rig are quite dissimilar. Most trips consist of families or groups of friends who either live in common households, who traveled in the same car, or have other communal proximity prior to arrival at the put-in. Each is to be considered a common group; each group needs to be managed individually.
- Raft configurations and group capacities:
 - A J-rig is 18' wide x 36' long. For separating groups, it has 2 front seating sections, 2 on the front coolers, 2 on the side boxes, 1 in the middle load, and 1 on the rear load. These 8 seating sections provide seating areas for 8 groups of 2-3 people with appropriate spacing.
 - A S-rig is used to tow smaller boats down river. Passengers are not typically transported on this vessel. When passengers are on board proper social distancing will be observed.
 - 18' row boats will have 1 family group of 2-3 at each end or 4 individual travelers; one seated at each corner.
 - 6 per 16' paddleboat, 3 per side.

We will also evaluate adding more rafts to trips than usual to provide spacing as appropriate.

In camp

- Each raft is considered an individual and independent group.
- At each camp, each raft will be assigned one area of the beach.
- Groups will camp in proximity to those on their raft group.
- Dinner will be served in stages to each unique group.

Grand Canyon

1. Manage boat loads according to groups who are traveling together.

2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles, planes, helicopters, busses, and jetboats to comply with social distancing recommendations.
3. Every person has an assigned lifejacket for the whole trip clearly marked and distinguishable from others.
4. Spacing of guests according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and interpretive stops.
5. Reduce numbers in vehicles to accommodate spreading out of guests. Groups traveling together may be seated together.
6. Each boat has its own water cooler, which is only to be used by that boat. Everyone must sanitize hands or wear gloves, when refilling water bottles.
7. Single set of utensils and plate to be used for all participants for the duration of the trip.
8. Use 1-2 gallon weed sprayer tanks and towels soaked in bleach solution ($\frac{1}{3}$ cup per gallon) to spray and wipe treat boats daily and at Whitmore. Spray high contact surfaces and touch points. Include kitchen items each morning before taking down.

Cataract Canyon 4-Day (J-Rig)

1. More diligently manage boat loads according to groups who are traveling together.
2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles, planes, jetboats and busses to comply with social distancing recommendations.
3. Everyone has an assigned lifejacket for the whole trip
 - a. Tag with wristbands around shoulder strap
 - b. Write their name with a sharpie ahead of time
4. Spacing of guests according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and interpretive stops.
5. Spacing in vehicles to accommodate appropriate social distancing of guests. Groups traveling together may be seated together.
6. Each boat has its own water cooler, which is only to be used by that boat. Guide dispenses water when refilling water bottles
7. Guides will serve food to guests, guides will pour coffee for guests in the morning.
8. Single set of utensils and plate to be used for all participants for the duration of the trip.
9. No more group photos on trip. Guides will instead take photos of individual traveling parties that will then be uploaded to photo sharing site.

Cataract Canyon 4-Day (Rowing)

1. More diligently manage boat loads according to groups who are traveling together.

2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles, planes, busses, and jetboats to comply with 6' social distancing recommendation.
3. Unless a group is traveling together, limit group sizes to 6 per paddleboat (3 per side).
4. Everyone has an assigned lifejacket for the whole trip
 - a. Tag with wristbands around shoulder strap
 - b. Write their name with a sharpie ahead of time
5. Assigned paddles for the trip. Paddles will be numbered and used by a single person.
6. Spacing of guests according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and interpretive stops.
7. Spacing in vehicles to accommodate appropriate social distancing of guests. Groups traveling together may be seated together.
8. Each boat has its own water cooler, which is only to be used by that boat. Everyone must sanitize hands or wear gloves, when refilling water bottles. Guide dispenses water when refilling water bottles.
9. Each guest has own drybag
10. Single set of utensils and plate to be used for all participants for the duration of the trip.
11. No more group photos on trip. Guides will instead take photos of individual traveling parties that will then be uploaded to photo sharing site.

Cataract Express (2-Day)

1. More diligently manage boat loads according to groups who are traveling together.
2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles, planes and busses to comply with 6' social distancing recommendation.
3. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles, planes and busses to comply with 6' social distancing recommendation.
4. Everyone has an assigned lifejacket for the whole trip
 - a. Tag with wristbands around shoulder strap
 - b. Write their name with a sharpie ahead of time
5. Spacing of guests according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and interpretive stops.
6. Spacing in vehicles to accommodate appropriate social distancing of guests. Groups traveling together may be seated together.
7. Each boat has its own water cooler, which is only to be used by that boat. Everyone must sanitize hands or wear gloves, when refilling water bottles. Guide dispenses water when refilling water bottles.
8. Single set of utensils and plate to be used for all participants for the duration of the trip.

9. No more group photos on trips. Guides will instead take photos of individual traveling parties that will then be uploaded to the photo sharing site.

Desolation Canyon

1. More diligently manage boat loads according to groups who are traveling together.
2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles, planes and busses to comply with 6' social distancing recommendation.
3. Unless a group is traveling together, separate groups to opposite ends of the row boat
4. Everyone has an assigned lifejacket for the whole trip
 - a. Tag with wristbands around shoulder strap
 - b. Write their name with a sharpie ahead of time
5. Spacing of guests according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and interpretive stops.
6. Spacing in vehicles to accommodate appropriate social distancing of guests. Groups traveling together may be seated together.
7. Each boat has its own water cooler, which is only to be used by that boat. Everyone must sanitize hands or wear gloves, when refilling water bottles. Guide dispenses water when refilling water bottles.
8. Single set of utensils and plate to be used for all participants for the duration of the trip.
9. No more group photos on trip. Guides will instead take photos of individual traveling parties that will then be uploaded to the photo sharing site.

Moab Day Trips

1. Encourage inflatable kayaks as much as possible this summer.
2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles and busses to comply with 6' social distancing recommendation.
3. More diligently manage boat loads according to groups who are traveling together
4. Unless a group is traveling together, limit group sizes to 6 per paddleboat (3 per side).
5. Everyone has an assigned lifejacket for the whole trip
 - a. Tag with wristbands around shoulder strap
 - b. Write their name with a sharpie ahead of time
6. Assigned and numbered paddles for the day
7. Staggered lunch times to reduce long lines at lunch
8. Spacing in vehicles to accommodate appropriate social distancing of guests. Groups traveling together may be seated together.
9. Each boat has its own water cooler, which is only to be used by that boat. Everyone must sanitize hands or wear gloves, when refilling water bottles. Guide dispenses water when refilling water bottles.

10. Each guest or family unit has their own drybag

Westwater Canyon

1. More diligently manage boat loads according to groups who are traveling together.
2. Separate family groups traveling from common households, or who have traveled inside the same vehicle into the same area or section of rafts, shuttle vehicles and busses to comply with 6' social distancing recommendation.
3. Unless a group is traveling together, limit group sizes to 6 per paddleboat (3 per side). Consider facial coverings if appropriate based on phase and recommendations.
4. Everyone has an assigned lifejacket for the whole trip
 - a. Tag with wristbands around shoulder strap
 - b. Write their name with a sharpie ahead of time
5. Assigned paddles for the day
6. Spacing of guests according to current guidelines: food lines, eating meals, hiking, camping
7. Spacing in vehicles to accommodate appropriate social distancing of guests. Groups traveling together may be seated together.

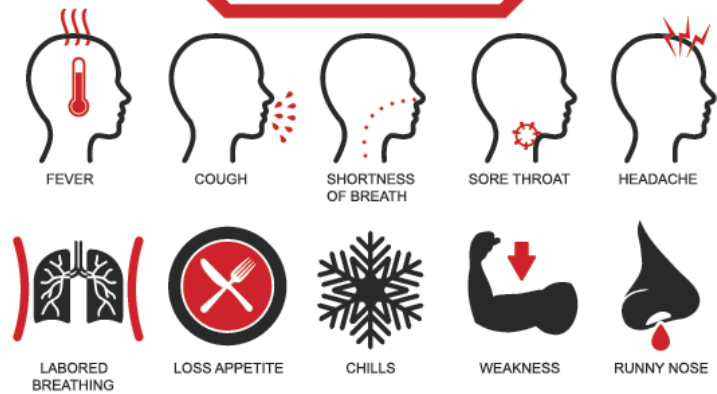
8. Each boat has its own water cooler, which is only to be used by that boat. Everyone must sanitize hands or wear gloves, when refilling water bottles. Guide dispenses water when refilling water bottles.
9. Each guest has own drybag, no more communal dry bag

Cleaning procedures

Moab Adventure Center

- Only one entrance into the MAC - Front parking lot entrance
- Prop all doors open to allow as much fresh air ventilation moving through the building as possible. This eliminates the need to touch handles.
- Signage as you come into the MAC asking that if you have any COVID symptoms, to please not enter the Moab Adventure Center.

YOU MAY NOT ENTER!



CORONAVIRUS – COVID-19 – 2019-NCOV

RAFT WITH CONFIDENCE



ASSIGNED
PADDLES



PERSONAL
FACE MASK



ROUTINE
TEMPERATURE
CHECKS



ASSIGNED
LIFEJACKETS



DON'T TOUCH
FACE



ALL SURFACES
DISINFECTED



PERSONAL
GLOVES



AVOIDING
CROWDS

- Table set up with hand sanitizer as you walk in
- Limit how many people are in the MAC at one time based on current CDC and State of Utah spacing and occupancy guidelines.
- Lines marking spacing between customers at counter
- Outside check-in table for larger groups like the Daily
- Counters, credit card machines, ipads, waiver sign computers all cleaned in between customers.

- Hand sanitizer available at front counter
- PPE available for staff (masks, gloves)
- 2 staff at front counter, 1 retail floater/cleaner
- Bathrooms cleaned hourly during busy times of the day. Cleaning schedule posted on bathroom door

Vehicles

- All vehicles will be cleaned and sanitized each time it is used to carry passengers.
- Weed sprayers with sanitizing agents or a disinfectant fogger will be used in all buses, vans and on all equipment after each use.
- Or the Inside must be wiped down with an approved solution (1/3 cup bleach per gallon, OdoBan, or 70% alcohol), to include all handles, seat belts, seat belt latches, arm rests, hard surfaces (windows), dash, knobs, steering wheel, etc.
- Inside and outside door latches and handles must be wiped down.
- Hummer roll bars wiped down
- Hand sanitizer dispensed into each person's hands by the driver as we both load and unload passengers from vehicles.

River Trips (Colorado River Day Trips, Westwater)

- Buses cleaned and sanitized after each run. (AM, Mid Day, End of Day) using Vehicle cleaning protocols described in the above section.
- Have passengers hold on to Lifejackets until they return to the Moab Adventure Center. Lifejackets will be piled and cleaned by guides at the end of the day and hung to dry in the lifejacket room.
- Lifejackets sanitized each day at Moab Adventure Center.

Employee Housing

1. Staff are prohibited from congregating in the kitchen, bathrooms, lounge areas, etc. Communal kitchens areas are to be used in shifts by teams of guides who more recently worked together. All staff are encouraged to socially congregate outside adhering to social distancing guidelines and practices at the time.

Food Service

1. All guides must have a current food handler certification.
2. Use of gloves and face covering is mandatory while preparing food.
3. Wash hands frequently.
4. Change gloves between tasks (for example: guide pauses to fill the water or lemonade and then returns to food preparation).
5. Clean shirts and aprons worn by guides preparing and serving food.

6. Food preparation and service surfaces thoroughly sanitized prior to use, between tasks, and after tasks.
7. Guests may not help prepare or serve food or congregate in food preparation areas.
8. As always, each guest will be issued a plate and a set of silverware to use for the entire trip.
9. Guests will be asked to do the following before coming to the serving table:
 - a. Put on face mask
 - b. Wash hands with soap and water
 - c. Use hand sanitizer
 - d. Put on food service gloves
10. If a guest is not comfortable with the procedures listed in item 9, then the guides will dish up the food for the guest before other guests go through the line.
11. On trips with small children, either a parent or a guide will dish up the food for the child.

Kitchen/Food Clean-Up Guidelines

1. Frequent testing of final rinse bucket to assure adequate levels of chlorine.
2. Leave washed items in a chlorine rinse bucket for at least 2 minutes.
3. Make sure to air dry sanitized items for highest effectiveness of sanitizer.
4. All condiment containers sanitized before and after each meal.

Toilet Facilities

1. Guides wear gloves when setting up and taking down facilities.
2. Spray can, seat and supply box with disinfectant upon set-up.
3. Instruct guests to spray surfaces they have touched both pre and post-use.
4. Disinfect upon breakdown.
5. Users wash hands before and after using the facilities.
6. Alcohol sanitizer will be placed at toilets and guests instructed to use it before proceeding to the soap and water handwash system to prevent contamination of the "toilet ticket".

Toilet Cleaning after Trip

1. Gloves, goggles, and facemasks will be worn at all times.
2. Coveralls will be worn and laundered after cleaning toilets.
3. Foot protection booties will be worn.
4. Sanitize all equipment used post cleaning with either weed sprayer or fogging machine.

Hand Washing on the River

1. The soap and water hand wash system will be set-up first when arriving in camp or at any other stopping point. It will remain set-up for the duration of the stop.

2. In addition, hand sanitizer will be placed at the head of serving tables and used as a supplementary step.
3. Handwashing stations will be set up at the entrance to toilet facilities and near the kitchen area. (within 25', or in the most convenient and obvious location).
4. Hand washing will occur:
 - a. Prior to unloading boats in camp.
 - b. After finishing the "fire line" and before moving on to the next thing.
 - c. Before and after every new activity. (ie. Before eating, tent set-up, bathroom, etc)
 - d. Each boat will be equipped with hand soap and/or hand sanitizer.
 - e. After blowing one's nose, coughing or sneezing.
 - f. Before and after using the toilet.
 - g. Before eating or preparing food.
 - h. Before putting dishes away and/or packing up "kitchen".
 - i. After contact with animals or pets.
 - j. After removing gloves and after contact with a person who is ill.

Personal Camping and Rafting Gear

1. Tents, cots, and chairs will be assigned for the duration of the trip.
2. Spray tent bag with sanitizer and let dry in direct sunlight before returning to tent bag.
3. Spray cot bags with sanitizer before loading on boats
4. Tents & Cots will be cycled out of use for 72 hours between trips or sanitized.
 - a. Tents will be laundered and dried on a hot setting if used before a 72 hour window.
 - b. Cots will be sanitized in a dunk tank if used before a 72 hour window.
5. Sleeping bags are washed between trips and dried in the dryer on a hot setting.
6. Dry bags are sanitized between trips.

Grand Canyon Exchanges

1. All life jackets must be washed with a disinfectant solution in a dedicated and empty Rubbermaid container and laid out to dry before being reassigned.
2. All sleeping bags from the upper end must be collected and stored in dry bags, not left in drybags for potential use as a warm blanket.
3. All drybags must be wiped with a 1/3 cup per gallon bleach solution, or other EPA approved disinfectant, paying particular attention to the seals and buckles.
4. All daybags must also be fully wiped inside and out with an EPA approved disinfectant.

EPA guidelines for Outdoor Areas:

"Outdoor areas generally require normal routine cleaning and do not require disinfection. Spraying disinfectant on sidewalks and in parks is not an efficient use of disinfectant supplies and has not been proven to reduce the risk of COVID-19 to the public. You should maintain existing cleaning and hygiene practices for outdoor areas."

General Guidelines and Actions

- Use hand sanitizer dispensers when possible
- Frequently review signage reminding employees and guests of expected practices and behavior.
- Update employee training on these practices and requirements frequently.
- Guest check-ins will occur outside for all trips.
- Document adherence to practices.

Personal Protective Equipment (PPE)

Will be maintained in an OSHA and HCP designated safety cupboard and allocated to all staff in sufficient quantities to adequately protect all employees and guests.

Everyone should:

Clean your hands often-

- [Wash your hands](#) often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Risk Assessment Statement

We can't absolutely guarantee safety as inherent risk exists in everything we do. What we can do is present the list of actions we are taking, and the protections that these actions provide. Over the last year, we have comprehensively read and studied evolving guidance from many agencies and sources, including the medical and scientific journal abstracts, CDC, State, County, and local Health officials, and National Park Service Public Health offices and officers. Western River Expeditions will follow all applicable guidelines from these agencies. Currently we are already required by the National Park Service and the above agencies to abide by strict regulations for sanitation and certification. We always have, and are proud of setting industry standards and protocols, and the partnerships we have cultivated over decades of operation.

Right now, we are working closely with this body of agencies who have approved this Plan and the practices therein. These practices are supported by the collective weight of those agencies backing our practices. That is the assurance we can provide that we are minimizing inherent risks to the fullest extent possible. As these protocols and guidance changes, so will the steps in this Plan to reflect the most current and recommended practices.

Our observation is that this situation is evolving quickly- and in the right direction. Part of our response is being crafted in conjunction with guidance from our dedicated public Health officer at Grand Canyon National Park. In addition, we are also working with other outfitters across the country to consult and to refer to broader industry standards for managing guest welfare, hygiene practices, and social spacing. This will include participants self-assessing, testing, monitoring and reporting on exposures, staff testing including rapid tests, and antibody testing. Much of what we require and practice is being developed in light of what we continue to learn about this evolving pandemic and will modify over time to reflect new knowledge.

We believe that these steps satisfy the basic contract that we have entered into with our customers, in which we pledge to do everything reasonable and prudent to care for our guests, and their friends and families. We have, and will continue to implement all industry standards and actions as applicable. The decision to participate is an individual choice. We believe we have an action plan in place to appropriately address this evolving situation. The federal agencies that regulate our commerce have approved our actions and plan to operate. Accordingly, we plan to operate our trips and feel the choice to participate is yours. If you choose not to participate based on your personal beliefs or circumstances, our standard cancelation policy delineates the options available to you:

<https://www.westernriver.com/grand-canyon-vacation/questions>

Glossary and Definitions:

What is the coronavirus (Covid-19)?

A novel coronavirus is a new coronavirus that has not been previously identified. The virus causing coronavirus disease 2019 (COVID-19), is not the same as the coronaviruses that commonly circulate among humans and cause mild illness, like the common cold.

The latest research has determined an average incubation period of five to six days, with a range of 2-14 days. Similar to influenza and other respiratory viruses, transmission of COVID-19 spreads from person-to-person through respiratory droplets exchanged among close contacts (those who interact with a person at a distance closer than about 6 feet).

Symptoms of COVID-19

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. A significant number of people are also asymptomatic.

These symptoms may appear 2-14 days after exposure to the virus:

- Fever
- Cough
- Shortness of breath or difficulty breathing

- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Suggestions on how to avoid exposures and transferring virus:

- Get a vaccine as available
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs, sneezes or talks.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs or onto nearby surfaces.

Most transmission is through touching communal surfaces. Avoid touching common surfaces- doors, buttons, etc. when possible. Make sure not to touch your face. Our hands introduce the virus into our bodies after touching public surfaces. Keep your hands to yourself. Some recent studies have suggested that significant spread from COVID-19 occurs by people who are not showing symptoms.