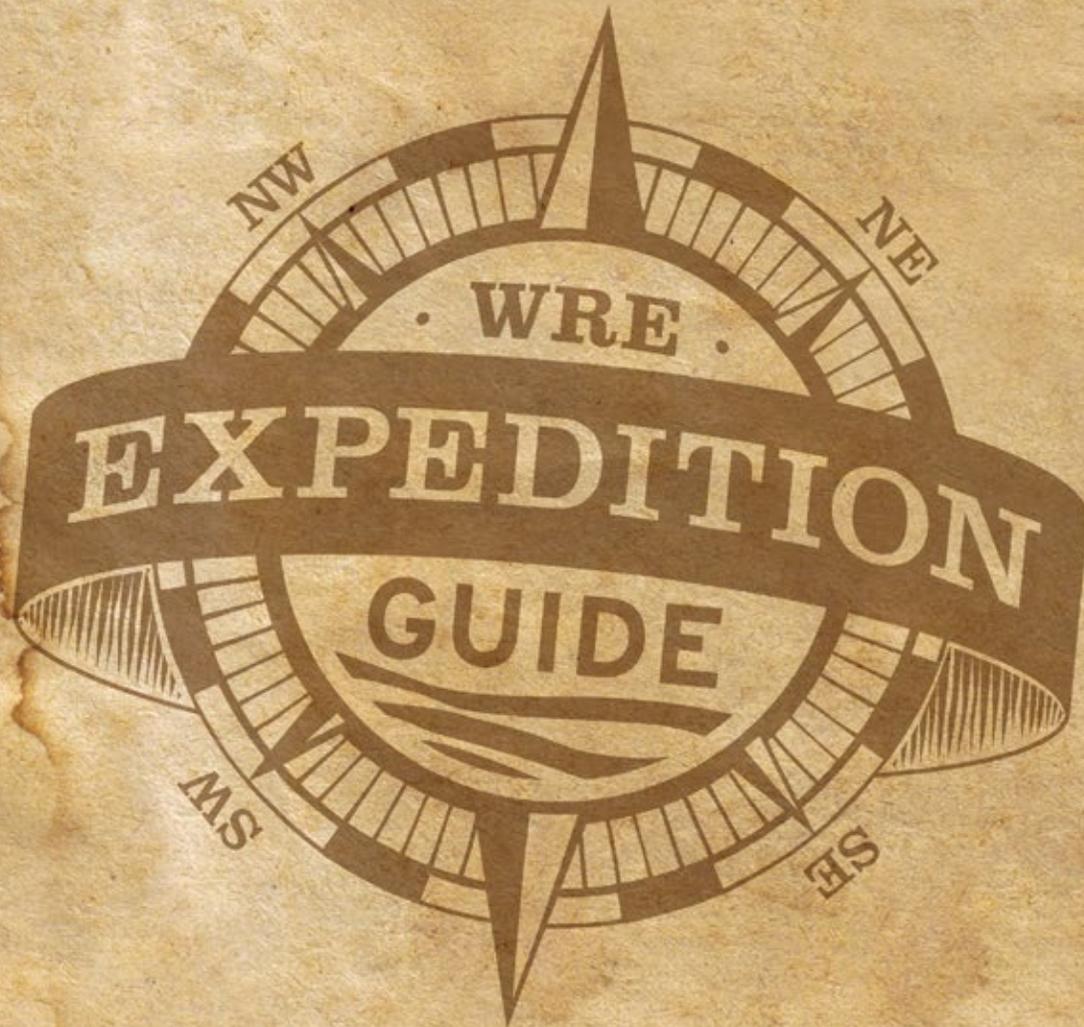


»» Snake River » Idaho
HELL'S CANYON 5 DAY EXPEDITION



Snake River » Idaho

HELL'S CANYON 5 DAY EXPEDITION

What to Expect

- ☞ Day-by-Day Itinerary
- ☞ Typical Day
- ☞ Learn About the Rafts
- ☞ Camping on the Snake River
- ☞ Physical Requirements

Get Ready!

- ☞ Packing List
- ☞ Packing Tips
- ☞ Travel Information
- ☞ Payment & Cancellation



Snake River » Idaho

HELL'S CANYON 5 DAY EXPEDITION

Forming the border between Idaho and Oregon, the Snake River cuts through the deepest river gorge in North America — Hells Canyon. Journey through a land rich in myth and geologic wonder.

Snake River rafting boasts the biggest whitewater rapids in the Pacific Northwest. Idaho whitewater rafting trips are known for their wilderness beauty, and Snake River rafting trips are no exception. Here mountains of golden grass and pine forests topped with snow-capped peaks over a mile above the river are home to soaring eagles, wild mountain goats and Native American Nez Perce legends. Near 70-degree water perfect for swimming and paddling, rounds out this 4, 5, or 6-Day Snake River rafting vacation as a must-do trip for adventurers worldwide.

Day-by-Day Itinerary

DAY ONE » Meet your team leader at the Frontier Hotel at 7:30 AM (MST) for the two-hour bus ride to Hells Canyon. We'll stop along the way for a breakfast. Our launch point is at the base of Hell's Canyon Dam, approximately 1,500 feet above sea level. Before launching rafts, ROW staff prepares you with a thorough safety briefing while personal gear is loaded. Once this is complete everyone chooses a raft - paddle raft or oar-powered - and climbs aboard for two big class IV rapids ahead!

These impressive rapids never fail to get a guide's heart pumping. This is also a great day for fishing. The water is a bit cooler at this elevation and fishing for trout in the tail waters of the rapids is almost always successful. Around 4:00 PM (MST) we arrive at camp with plenty of free time for hiking, fishing, reading or just relaxing. Hors d'oeuvres are served around 6:00 and dinner around 7:30.

DAY TWO » You'll wake around 7:00 AM (MST) to the smell of fresh-brewed coffee and tea. Breakfast is served around 7:30, and while we clean up the kitchen, you pack up your personal gear. We depart camp about 9:30 AM for today's rafting adventure. Today you will experience plenty of rapids, sun and dramatic scenery. We'll explore a homesteader's cabin, root cellar and farm implements of yesteryear.

DAY THREE » You will hike along the trail at "Suicide Point." This incredible view offers sweeping panoramas some 300' above the Snake River. And, back on the rafts, the Snake slowly carries us to our next stop at Kirkwood Historic Ranch, an historic sheep ranch. We visit the sheering shed, blacksmith shop and homesteader cabins.

DAY FOUR AND FIVE » Spectacular days of scenery and whitewater are complemented by short history lessons and more historic sites. The human drama in Hell's Canyon is as intriguing as the many natural wonders we discover, like the fascinating wildlife, plant life and geology. On the last day, mid-afternoon you take out at Heller Bar with a 45 minute bus ride to Lewiston, Idaho.

*Note: This itinerary is provided as a sample. Daily activities and sights will vary based on weather conditions and guide preferences.



QUICK FACTS

Snake River:

May - Sept - 5 days, 4 nights, 79 miles
Minimum age: 7-12 years old (depends on water levels)

Begins: Cambridge, ID

Ends: Lewiston, ID

Travel Time from Nearest Major City:
Boise, ID (2 hr drive)

Current Rates, visit: www.westernriver.com

RATE INCLUDES



HIKING » Hikes to old homesteads, Panoramic vistas & more



CAMPING » Pads, tents, sleeping bags, pillow, chairs & water-resistant bag



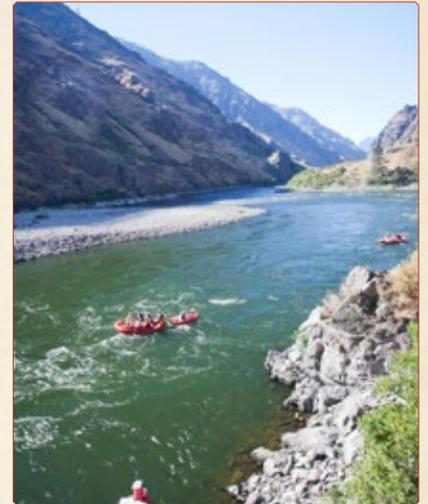
RAFTING » Class II-IV rapids on the Snake River in Hell's Canyon



MEALS » All meals on the river



TRANSFERS » Shuttle service from Boise, ID to Cambridge & boat launch. Shuttle from river's edge to Lewiston, ID.



Pre & Post-Trip Travel Information

Suggested lodging in Cambridge is at the Frontier Motel the night before your trip and in Lewiston at the Hells Canyon Grand Hotel the night after your river adventure.

HOW TO GET TO CAMBRIDGE, ID

- » Fly directly to Boise, ID (BOI), meet outside the baggage claim at 4:30 PM (MST) to catch the shuttle provided by ROW Adventures. Expect a two-hour drive to the Frontier Motel in Cambridge, ID.
- » Fly to Boise, rent a car, drive 2 hours to Cambridge, ID.
- » Drive personal vehicle directly to Cambridge, ID.

WHERE AND WHEN TO MEET

Once in Cambridge, you will meet at the Frontier Motel at 8:00 PM (MST) for an important one hour orientation meeting to answer any last questions. There you will receive your waterproof gear bags. Enjoy dinner in Cambridge on your own.

WHERE TO STAY

Suggested lodging in Cambridge is at the Frontier Motel the night before the river trip and at the Hells Canyon Grand Hotel in Lewiston, ID after the river trip.

NOTE: Lewiston, ID is in the Pacific Time Zone (PST)

Vehicles can be shuttled from Cambridge to Lewiston for an additional charge.

Pre-trip Orientation Meetings are held at 8:00 PM (MST) the night before your river trip. This is an important meeting for you to attend. If you are traveling on your own, be sure to arrive in time.

Time Zones in Idaho are Mountain Standard Time (MST) at the beginning of this trip, and Pacific Standard Time (PST) at Heller Bar Boat Ramp and Lewiston, ID.



A Typical Day on the River

After meeting your guides you will be given a trip orientation that will include how and where you can sit on the rafts, how to hold on, and safety precautions while on the river.

A typical day will include rafting for a few hours at a time, stopping for scenic side hikes, bathroom breaks, lunch and possible swimming opportunities. Visiting with new-found friends and learning river lore and geology from our well-trained guides adds to the enjoyment of each day.

After a full day of learning and fun we arrive in camp. A cargo raft will have arrived ahead of the group each day to find a camp site, set up tents and all camping needs. When you arrive, just select your tent and make yourself at home for the night.

Your outfitter provides pads, tents, sleeping bags, pillows, sheets, camp chairs and water-proof gear bags for all guests. You'll have no need to worry about bringing any of your own camping equipment.

While you relax at the river's edge, your guides will prepare dinner. Every night is different, but the menu may include items such as grilled chicken breast, steak with sautéed onions, pasta, fajitas or fresh fish.

At night, whether you choose to sleep in your tent or under the vast canopy of stars, the fresh night air and the rhythm of the river will lull you to sleep. Each morning, your guides will prepare a delicious breakfast. You'll have a chance to enjoy eating before returning to your campsite to take down your tent and pack up your belongings in your dry bag. After bringing your bag down to the boats, you are off on another fun-filled day of adventure.

Rafting Trips vs. Other Vacations

The setting and pace of a rafting adventure gives you something you don't find in other vacations. On a whitewater rafting trip, you will quickly discover why so many are calling this "the best vacation of their lives." It's the combination of drifting over tranquil pools of water under the shadows of towering rock formations, the exhilaration and thrill of rolling waves and crashing whitewater, the exploration of seldom-seen waterfalls and Native American history, the peaceful moments of reflection as you gaze up at the star-studded sky and the fresh feeling of renewal as the morning sun slowly filters through winding canyons. All this provides an indescribable sense of belonging. A sense of oneness with yourself and those around you. A sense of adventure, reflection and renewal. Come discover the difference.

Expedition Partners

ROW Adventures owns the river permits for the area you've chosen to explore. Western River Expeditions' friendship with ROW Adventures allows us to offer a wider variety of river expeditions in the west at the same rates as the trip operator. We are proud to work with ROW Adventures and are confident that you'll enjoy their hospitality and quality of river experience.



"Our trip was amazing! I felt like a kid again. The guides were wonderful and really helped make the experience a great one. I would love to do this again!"

DONNA, New York City

"AMAZING!!! The trip itself was awesome: beautiful scenery, exciting rapids, awesome night skies....but really, it was the people that made the trip what it was! Fellow rafters: an extraordinary group of folks from all over the US, we really melded into a river "family"! The crew: Josh, Mark, Shad and John took such great care of all of us, were knowledgeable about the river, and were entertaining, fun, and funny!! This was definitely a trip to remember. I'm feeling a bit of post-river withdrawals, but thinking back on the great times we all shared, makes me smile all over again! If you're considering doing a raft trip with Western, don't hesitate!! You'll be so glad you did!"

QUINN - Bend, Oregon



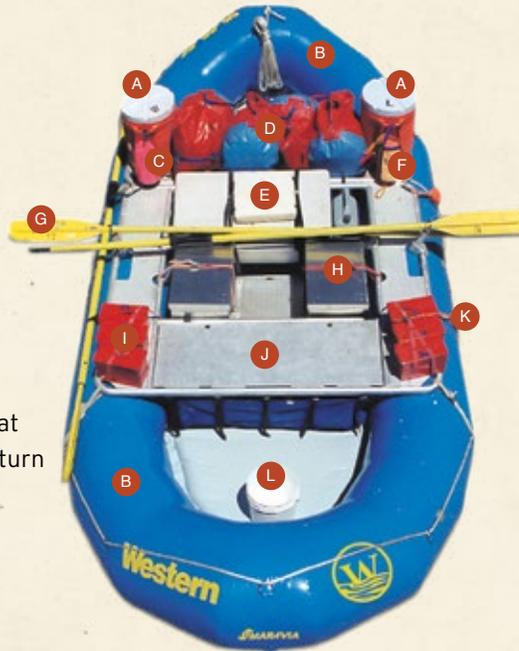
Rafts on the Snake River

The Snake River offers the opportunity to paddle your own inflatable kayak, enjoy the excitement of a paddle raft, or ride aboard a comfortable oar rig piloted by your skilled guides. Logistical constraints can determine how many, and which type of craft is offered. Come with an attitude about sharing the various craft opportunities.

The Oar Rig

Your river guides will adeptly maneuver four to six passenger oar rigs. These specially designed 18-foot boats offer a comfortable ride and are "self-bailing" which means that any water that comes into the raft immediately flows back out.

- A** Ice water
- B** Guest seating
- C** First aid kit
- D** Guest gear bags
- E** Guide seat atop coolers
- F** Throw bag
- G** Oars
- H** Dry food storage box
- I** Personal storage boxes or bags
- J** Storage for tents, cots, kitchen stoves, tables
- K** "Flip Lines" designed to flip a boat over in the rare event of an overturn
- L** Bucket for boat rinsing...
...and water fighting



"Another delightful trip from Western River... but our first kayaking white water and we are hooked! Western is such a class act... the guides go out of their way to make the trip a great experience whether 7 or 70. Though a senior, petite female, they made sure my trip was all it could be."

PALM SPRINGS, California

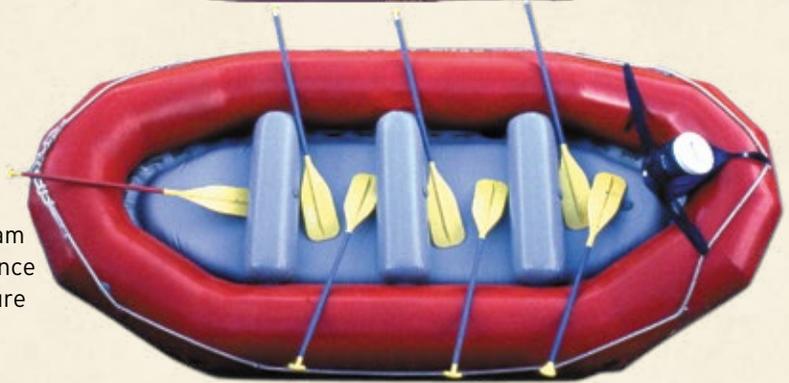
Inflatable Kayak

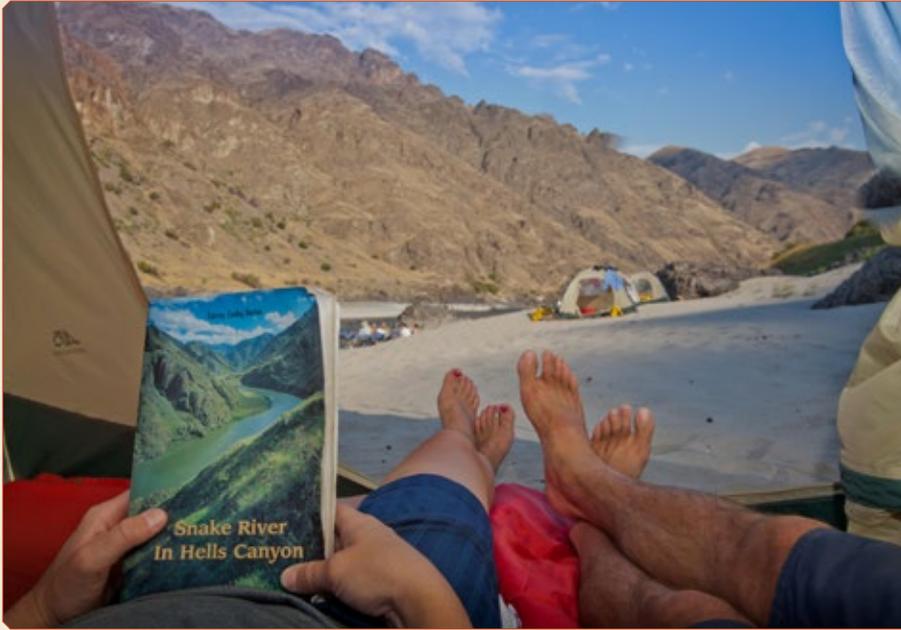
Available only at the guide's discretion, these two-person inflatable kayaks let you challenge the rapids on your own. They also provide a peaceful and relaxing way to recline and gaze up at the spectacular scenery in the calm stretches of river. If you've never paddled before, acquiring some basic paddle skills with the help of a guide takes only a few minutes.



Paddle Raft

In conjunction with our Oar rigs, Snake River trips also offer 18' paddleboats which provide "hands-on" excitement in conquering the waves with a spirited team of 6 rafters. Paddlers need not have any prior experience as your guides will provide ample instruction and ensure everyone's success.





Camping on the Snake River

Whether you're a veteran camper or experiencing sleeping in the outdoors for the first time, we will make camping simple. All you need to worry about is packing your personal items in a soft-sided duffle bag. We'll supply the rest:

- » **"Paco" Pads** make sleeping and relaxing on the river easy.
- » **Roomy tents** are always available. You may be like many of our river guests who prefer to sleep under the vast canopy of stars. If you haven't ever experienced camping you'll be surprised at how dry and comfortable everything stays when sleeping under the stars.
- » Freshly laundered **sleeping bags**, pillows and sheets provide warmth on cool evenings.
- » **Water-resistant bags** protect your personal belongings from exposure to sand and water.
- » A **personal day-use bag** keeps important items handy during the day.
- » **Camp chairs** offer comfortable seating while in camp.
- » A sturdy vinyl **ground cloth** keeps your gear and camping areas clean. (not shown above)

TOILET FACILITIES

On the river we use a portable toilet and hand wash system that is set up each day in camp in a secluded location that assures privacy. The toilet is available from the time we pull into camp until we leave the following day. An orientation concerning everything from rapid safety to bathrooms will be given at the beginning of your trip.



"I still haven't come down from this trip! It was amazing, beautiful, adventurous, fun, exciting & spiritual all at the same time. Having never camped a day in my adult life, I did things I never thought possible. From sleeping under the stars to washing in the river - it was incredible. I am so thankful we had the chance to experience the river."

FLORENCE - New York



Physical Requirements for Rafting Trips

Our primary concern is participant safety. The nature of an outdoor adventure involves some physical exertion and also possible exposure to weather conditions that can fluctuate greatly due to heat, sun, wind, or rain. We do have experience accommodating persons with a wide range of physical challenges, disabilities, or medical and health conditions. However, we have found that for some people the fact of age, weight, lack of conditioning, heart or other disease, can endanger themselves, other guests or create additional hardship that diminishes the suitability or enjoyment of this type of vacation. Please consider these conditions in making your choice of river adventures. Please check with your physician prior to your trip if you have any medical or health condition or if you are taking any medications, and then notify us of how we can better help you with these conditions. In general, participants will need to meet the following physical requirements:

- » Fit into a Type 5 Life Jacket (maximum chest size is 52") required by the U.S. Coast Guard
- » Ability to securely grip ropes provided for handholds while running the rapids
- » Enough agility to climb on and off the rafts—this could be as much as a 2-3 foot reach and often on wet and slippery surfaces
- » Ability to navigate uneven terrain on hikes and in camp
- » Carry your own dry bag which will include your 20-pound duffel bag along with the sleeping bag and ground cover provided

Our principle objective is for you and your fellow guests to have an enjoyable and fulfilling experience. If you are concerned about any of these requirements, please call our friendly staff to further discuss which trip is right for you.

Our Waiver & Acknowledgement of Risks Form will more fully describe some of the inherent risks involved in these activities. We look forward to having you join us on the adventure of a lifetime.

Weather

We always hope for good weather but you should be prepared for the possibility of cooler weather and storms. This is applicable to all trips throughout the season. The following chart shows averages for the months of May through September. Temperatures and precipitation will vary. A rain storm or a cool front can happen anytime. You can find current weather forecasts at:

www.westernriver.com/trips/snakeriver/weather.php

TEMPERATURES AND PRECIPITATION - SNAKE RIVER, HELL'S CANYON:					
	MAY	JUN	JUL	AUG	SEP
Mean Max. Temperature	69	82	92	94	82
Mean Min. Temperature	40	51	58	56	47
Precipitation (inches)	1.42	1.42	1.03	.82	.77



"I had a great time on this trip, I would recommend this trip to anyone. The guides were unbelievable, they made the trip even better. Their knowledge of the river and the canyons were second to none. Besides their knowledge, the guides were a lot of fun to talk with and listen to their stories. I expected to have a good time on the trip, and my expectations were met tenfold."

TIM - Kansas



Packing List & Travel Tips



DUFFLE BAG

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. Please limit gear to 20-25 lbs.



DAY BAG

Upon arrival to the river's edge, you will be provided a water-resistant day bag (approximately 7" x 13"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, gloves, sarong, medications, sun block, lip balm, river guidebook, etc). We recommend packing these items in a simple plastic grocery sack inside your duffle for easy transfer to your day bag at the launch site.



GEAR BAG

Also upon arrival at the orientation meeting the night before your trip, you will receive a water-resistant gear bag. This bag will contain your sleeping bag, sheet and a pillow. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available at camp each night of your trip.

CLOTHING ITEMS

- Two-piece rain suit or "paddle gear"** (Not just for rainstorms - water temperatures can be chilly! Offers protection against the cold water when running rapids - especially in the early season. No ponchos please). "Farmer John" wetsuits are provided May/June.
- 2 swimsuits (2-piece swimsuit and quick-drying shorts or sports bra and shorts recommended for women)
- 2-3 quick-drying shirts, (long sleeved sunhoodies are breezy and effective sun protection)
- 2 pair of lightweight pants/shorts, shirts & underwear for camp
- 2 pair of socks for use in case of sunburn or foot injury
- 1 pair quick-drying pants (optional - for sun protection)
- Lightweight fleece top
- Sturdy water sandals or water shoes (no flip-flops). Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage.
- Comfortable footwear for camp (optional - some guests prefer to change out of wet sandals or shoes into flip flops or other light weight shoes)
- Hat for sun protection with string or hat clip
- Bandana or Buff

PERSONAL ITEMS

- Personal hygiene products, Toothbrush & toothpaste
- Plenty of sunscreen & lip balm
- LavaLava/Sarong coverup (long cloth useful for sun cover, light towel, changing clothes under cover)
- After-sun moisturizing lotion
- Biodegradable soap (Ivory) ALL soaps must be used in a designated spot **away from the river.**
- Sport water bottle with clip or carabiner
- Small towel and wash cloth
- Small pack of tissues
- Small headlamp or flashlight with extra batteries
- Binoculars
- Sunglasses with safety strap
- Camera - waterproof digital camera with extra batteries and memory. Phones as camera in waterproof cases/sleeves. Charging brick for phones recommended. (Cell service unavailable).
- Extra eyeglasses/contacts (include retention strap)
- Paddling gloves
- Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew.)

COLD WEATHER ITEMS *(see weather section)*

- Polypro socks for river - Wool socks for camp
- Stocking cap, fleece or wool gloves
- Thick fleece jacket and/or lightweight down coat
- Lightweight long underwear for sleeping
- 1 additional set of poly-pro or capilene underwear (tops & bottoms)
- Splash Jacket and pants recommended for cold trips

OPTIONAL PERSONAL ITEMS

- Plastic bag for dirty or wet clothing
- A few clothespins to secure wet clothing while drying
- Disposable moist towelettes
- Personal bee sting kit (if allergic)
- Fishing gear and Idaho (and/or) Oregon license (see note pg. 12 on fishing licenses for Snake River) (gear must be in protective case and disassembled during travel)
- Sundress for ladies



Items Provided

- » Cambridge to Snake River Boat Launch
- » Shuttle from Snake River to Lewiston, Idaho
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited water on the boats
- » Freshly laundered sleeping bag, sheet & pillow
- » Ground cover & "Paco" pad
- » Tent
- » Water-resistant dry bag for sleeping gear and personal duffle bag
- » Water-resistant day-use dry bag (9" diameter x 20") for personal items
- » Oar Boats, Paddle Rafts
- » and Inflatable Kayaks
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities
- » Wetsuit in May/June ("Farmer John" style covers legs, no sleeves)

Be Prepared for Any Weather:

Weather is always present on a river trip... Temperatures can fluctuate daily, and may even disobey predicted weather forecasts! It is wise to come prepared for anything, but we realize there are weight and size limitations for packing. While we cannot predict it all, hopefully we've given you the proper insights and information to prepare you for the adventure of a lifetime!

Rain Gear



Key Feature: Easy to wear, versatile, best in warmer weather and rain.

PROS:

- Keeps you relatively dry without the "sweat chamber effect"
- Blocks wind-chill after rapids
- Versatile purpose/easy to wear
- Best for rain, shields whitewater

CONS:

- Not waterproof during large rapids
- Getting cold can be a threat to fun

vs.

Paddle Gear



Key Feature: Neoprene rubber "gaskets" around wrists & neck. Best in cold weather & whitewater.

PROS:

- Nothing better for staying dry
- Ideal when weather remains cold
- Blocks water from all directions
- Best for whitewater

CONS:

- Hot & sweaty in warm weather
- Pullover style can be difficult
- Specialized purpose lacks versatility
- No hood for rainstorms

Get Ready in One Order: Red Rock Outfitters

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. Specifically, we've bundled **"The Works"** for him, for her and one for gear in general. For your convenience, you can order all these items online with Western's retail division:

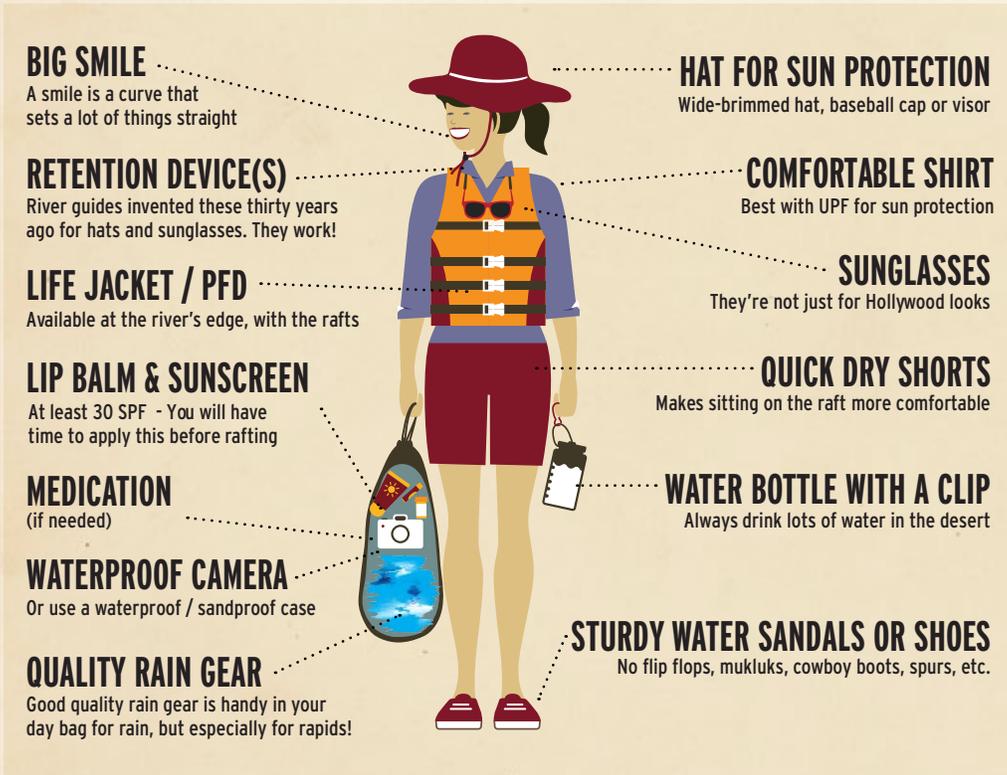


www.RedRockOutfitters.com
1-888-924-2050



FINAL CHECKLIST: The morning of your trip:

- Check out of your accommodations & eat a good breakfast. .
- Come dressed and ready to raft (see diagram below):



Gear provided:

- Large water-resistant gear bag containing a sleeping bag, sheet, and pillow. Once you are dressed and ready for the river that day, you should pack your personal duffle so it is ready to place inside this large rubber bag. You can access it again that night at camp. (Inaccessible during the day).
- Small day bag to hold personal items you need throughout the day (sunscreen, lip balm, rain suit, camera, snacks). Pack these items the night before your river trip.
- Lifejacket / PFD will be handed out and proper fitting will be demonstrated by your guides when you meet them at the rafts.

Things to bring:

- Duffle bag (approx. 12"x13"x24"), packed with personal items outlined on the packing list
- Extra drinks, if desired. Avoid glass containers. (see "Beverages" in General Information).
- Extra snacks, if desired. (Snacks will be provided during the trip).
- Camera(s) - Phones as cameras in waterproof cases/sleeves (Cell service unavailable)

Things to leave: (NOT TO BRING ON THE RIVER)

- Suitcases and extra luggage can be transported to the take-out for you.
- Unnecessary electronic devices (game devices for kids, etc.)
- Jewelry



General Information

BEVERAGES » Water is available in unlimited quantities on the boats and in camp. Limited amounts of soda, beer and wine will be available. If you wish to bring your own alcoholic beverages and soda pop you may do so in moderate amounts. Please avoid glass containers. Plastic bottles and aluminum cans work well.

VALUABLES » You will want to have photo ID, a major credit card, and some cash for gratuities. All other valuables and jewelry should be left at home. In addition, as a safety precaution we suggest that you not wear rings on the river. Also, each year a few of our guests traveling on airlines arrive without luggage. With this in mind, we suggest you carry with you medications, prescription glasses, and anything you may not be able to replace the evening before your trip departs.

EXTRA LUGGAGE » Transfer all of your personal clothing and gear which you will need on the river expedition into a small lightweight duffle bag (approximately 14" X 21"). PLEASE DO NOT BRING SUITCASES ON THE RIVER! As part of your camping equipment package, we provide a water-resistant bag in which you will place your duffle bag (approx. 14" X 21") as well as the sleeping bag we provide for you. If you have extra luggage we will arrange to have it transported for you.

OTHER QUESTIONS » If you have additional questions, our friendly staff is available Monday - Friday from 8:00 AM to 5:00 PM Mountain Time. Also, visit us online at westernriver.com for more information. Be sure to see our "QUESTIONS" section online under each trip.

Payment & Cancellation Policies

PAYING YOUR BALANCE

A deposit due at the time of your reservation. Final payment is due 120 days prior to trip departure and may be paid by check (preferably) or by credit card. All payments are non-refundable. We reserve the right to cancel your reservation if full payment is not collected by the due date.

CANCELLATION & REFUNDS

The cancellation policy applies at the time of deposit. Details regarding cancellations and travel changes for each trip can be found at WesternRiver.com or on your reservation confirmation. If you must cancel any reservation, the cancellation policy applies in every instance and there will be no exceptions for any reason. Western will not issue any refund for arriving late or leaving a trip early. Western River Expeditions is not responsible for any expenses incurred in preparation for any cancelled trips or for costs incurred due to travel delays, flight cancellations, or illness. If you are concerned about the possibility of having to cancel, you may find information about cancellation coverage and policy details at:

 westernriver.com/cancellation



Fly Fishing & Spin Fishing are both popular on the Snake River. Chinook Salmon and Steelhead abound, as well as a variety of Trout species.

You will be expected to bring your own fishing gear. Collapsible poles, or rigid pole cases are recommended.

FISHING LICENSES

Fishing licenses for both/either Oregon AND Idaho (as the Snake River forms the border between the two states). **Note:** Fishing from the boat is allowed with a license from either state, but fishing from the shore requires a license from that state. Generally, there are more fishing opportunities on the Oregon side.

Idaho: 1-800-554-8685
<https://idfg.idaho.gov/licenses>

Oregon: (800) 720-6339
www.eregulations.com/oregon/fishing/