



Weather in Costa Rica

Each region of Costa Rica is a bit different in terms of average temperatures and rainfall due to elevation and proximity to the ocean, but most follow the same general pattern. The driest and warmest months of the year December through April. The wetter "green season" in Costa Rica runs from May through November. However, rain showers are a refreshing occurrence throughout the year, so it is important to be prepared for any kind of weather. The Pacuare River levels are dramatically affected by the rainfall during the months of May through October and it is possible that the canyon may be closed due to extremely high water levels. If this is the case, ground transport will be provided by land to the Pacuare Lodge in place of coming in by river.

www.westernriver.com/costa-rica-vacation-package/weather



"Top notch in service and quality. The rooms we had were absolutely stunning. Open air and very romantic, the turn down service lights your room with candles while you are at dinner. The rafting trip out was the perfect ending. We will look forward to another visit!"

KALI - Washington

TEMPERATURES AND PRECIPITATION - PACUARE RIVER AREA:

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Mean Max. Temperature	84	84	85	86	86	87	86	86	87	87	85	84
Mean Min. Temperature	70	70	71	72	74	74	73	73	73	73	72	71
Precipitation (inches)	10"	6.9"	7.1"	6.6"	11.8"	9"	13.3"	9.3"	6.5"	7.44"	12.4"	13"

TEMPERATURES AND PRECIPITATION - ARENAL:

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Mean Max. Temperature	83	84	86	87	88	86	85	86	86	85	83	82
Mean Min. Temperature	68	67	69	69	70	71	71	72	70	70	71	70
Precipitation (inches)	7.5"	5"	3.6"	3.7"	10.2"	16"	20"	17"	16"	17"	12"	10"

TEMPERATURES AND PRECIPITATION - MANUEL ANTONIO:

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Mean Max. Temperature	87	87	89	89	89	87	87	86	86	86	86	86
Mean Min. Temperature	69	69	71	71	71	71	69	71	71	71	71	69
Precipitation (inches)	2.8"	1.4	2.5	6.6	15.4	17	18	18.8	20.8	25.4	15.3	6.7"



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Physical Requirements for Rafting Trips

Our primary concern is participant safety. The nature of an outdoor adventure involves some physical exertion and also possible exposure to weather conditions that can fluctuate greatly due to heat, sun, wind, or rain. We do have experience accommodating persons with a wide range of physical challenges, disabilities, or medical and health conditions. However, we have found that for some people the factor of age, weight, pregnancy, lack of conditioning, heart or other disease, or recent surgery, can endanger themselves, other guests or create additional hardship that diminishes the suitability or enjoyment of this type of vacation. Please check with your physician prior to your trip if you have any medical or health condition or if you are taking any medications, and then notify us of how we can better help you with these conditions. In general, participants will need to meet the following physical requirements:

- » Fit into a Type 5 Life Jacket (maximum chest size is 52") required by the National Park Service
- » Ability to securely grip ropes provided for handholds while running the rapids
- » Enough agility to climb on and off the rafts—this could be as much as a 2-3 foot reach and often on wet and slippery surfaces
- » Ability to navigate uneven terrain on hikes
- » Carry your own dry bag which will include your 20-pound duffel

Our principle objective is for you and your fellow guests to have an enjoyable and fulfilling experience. If you are concerned about any of these requirements, please call our friendly staff to further discuss which trip is right for you. Liability and waiver forms will more fully describe some of the inherent risks involved in these activities. We look forward to having you experience the adventure of a lifetime.



"This was my first rafting experience & our expert river guide Luis Andres made sure that while it was exhilarating it was never too frightening for me. Luis Andres looked after us throughout our stay and like all the staff came from the local area. All were friendly and knowledgeable and added a big part to the enjoyment of our stay. Pacuare Lodge sits in a luxuriant rainforest reserve, and relies on candles for lighting in the lodges - no power or wi fi in the lodges although available in the central 'hub'. But what luxurious lodges they are! Pacuare Lodge offers the opportunity to dine in 'The Nest' - a platform high in the branches of an ancient Kapok tree. Not for someone with a fear of heights (me) but a must for those who don't! The adventure of white water kayaking and rafting was amazing, and allowed us to see this beautiful river and nature at its most spectacular."

ROBYN - Australia



Packing for the River (Days 2-4):

- Check out of your accommodations (Breakfast provided en route to Pacuare Lodge).
- Private ground transportation provided to the Pacuare River.
- Come dressed and ready to raft (see diagram below):
- Prepare your bags for the the river (see instructions).

EXTRA LUGGAGE STORAGE

Any extra luggage you will not be taking down the river can be stored at the Pacuare Lodge facilities located at the river take-out. Up to the present there have been no problems with theft, however, we will not be held responsible for any lost or stolen objects. Therefore, all guests are required to securely padlock all luggage. It is also advisable for guests NOT to leave behind valuables or important documents. These should be taken to the Pacuare Lodge in ziplock plastic bags or similar (safety boxes are provided in the bungalows). Additionally, guests who leave luggage at the facilities will be asked to sign a form consenting to the above conditions.



DUFFLE BAG

For the river portion of your trip, all of your personal items should be packed into a soft-sided duffel bag approximately 12" x 13" x 24" in size. Due to weight allowances and raft space, please limit your bag to no more than 25 pounds. Any extra belongings can be packed in your suitcase, which will be stored and available after your stay at Pacuare Lodge.



GEAR BAG

Upon arrival at the launch site of your trip, your duffel bag will be packed inside a water-resistant gear bag. It will travel in this bag down the river to the Pacuare Lodge. Once you arrive, your bag will be given back to you. Please have your river duffel bag ready upon pickup at your hotel the morning of your rafting trip.

BIG SMILE

A smile is a curve that sets a lot of things straight

RETENTION DEVICE(S)

River guides invented these thirty years ago for hats and sunglasses. They work!

LIFE JACKET / PFD

Available at the river's edge, with rafts

REPELLENT & SUNSCREEN

At least 30 SPF - You will have time to apply this on the transfer

MEDICATION

(if needed)

WATERPROOF CAMERA

Or use a waterproof / sandproof case

QUALITY RAINGEAR

Good quality rain gear is handy!



HAT FOR SUN PROTECTION

Wide-brimmed hat, baseball cap or visor

COMFORTABLE SHIRT

Short sleeve or long sleeve with UPF for added protection

SUNGLASSES

They're not just for Hollywood looks

QUICK DRY SHORTS

Makes sitting on the raft more comfortable

WATER BOTTLE WITH A CLIP

Always drink lots of water

STURDY WATER SANDALS OR SHOES

No flip flops, mukluks, cowboy boots, spurs, etc.

Things to bring:

- Duffel bag (approx. 12"x13"x24"), packed with clothing, toiletries, personal items outlined.
- Extra snacks, if desired.
- Passport, photo ID, a major credit card, and cash for gratuities.

Things to leave: (NOT TO BRING ON THE RIVER)

- Suitcases or extra luggage that won't be needed on the river, or at Pacuare Lodge.

LEAVING PACUARE LODGE & THE RIVER

You will leave the Pacuare Lodge by river and will have the opportunity shower and change from wet river clothes to dry clothes for travel to your next destination. You will also have access to your stored luggage at this point in your trip.