



## Packing List for the River



### DUFFLE BAG

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. Due to aircraft weight allowances and raft space, **please limit your gear to 20 pounds**. This 20-pound maximum weight limit does not include beverages



### DAY BAG

Upon arrival to the river's edge, you will be provided a water-resistant day bag (approximately 6" x 12"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, medications, sun block, lip balm, etc). We recommend packing these items in a small sack or bag inside your duffle for easy transfer to your day bag at the launch site.



### GEAR BAG

Also upon arrival at the launch site of your trip, you will receive a water-resistant gear bag. This bag will contain your sleeping bag, sheet and ground tarp. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available in camp the night of your trip.

### CLOTHING ITEMS

- Two-piece rain suit
- 1 swimsuit (2-piece swimsuit and quick-drying shorts recommended for women)
- 1 quick-drying shirt
- 1 pair comfortable shorts and underwear for camp
- 1 pair socks for use in case of sunburn or foot injury
- 1 pair quick-drying pants (optional - for sun protection)
- Lightweight fleece top
- Sturdy water sandals or water shoes. Based on the type and condition of your footwear, you may want to consider a backup pair of sandals or shoes in case of any damage.
- Comfortable footwear for camp (some guests prefer to change out of wet sandals or shoes into flip flops or other light weight shoes)
- Hat for sun protection with string or hat clip
- Gloves for protection while gripping holds on the boat (optional)

» *Water clarity can vary from clear to very silty. Clothing may become discolored. Please pack accordingly.*

### PERSONAL ITEMS

- Personal hygiene products
- Plenty of sunscreen
- Sunscreen lip balm
- After-sun moisturizing lotion
- Biodegradable soap and shampoo in small bottles
- Sport water bottle with clip or carabiner
- Small towel and wash cloth
- Toothbrush and toothpaste
- Small pack of tissues
- Small headlamp or flashlight with extra batteries
- Insect repellent (small container)
- Sunglasses with safety strap
- Camera - waterproof digital camera with extra batteries and memory cards recommended
- Small travel pillow
- Medication if needed (cool storage is available)
- Major credit card and photo ID in case of evacuation
- Cash for gratuities (Your guides on each of your tours will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested per-person guideline is between \$5 and \$15 on the Arches and Hummer tours and \$15 to \$30 on the rafting trip. The common practice is to give the gratuity to guide at the end of the trip. In trips where multiple guides have participated, the gratuity will be split amongst all of them).

### OPTIONAL PERSONAL ITEMS

- 2 large (3"-4") carabiners for clipping day-use bag and water bottle to ropes
- Plastic bag for dirty or wet clothing
- A few clothespins and small piece of rope for drying clothes
- Comfortable lounge-wear for camp and sleeping

## Packing List for Moab

- Comfortable clothing
- footwear appropriate for hiking/walking with good traction
- Light jacket for chilly evenings and cool mornings

## Items provided by Western River Expeditions

### GONZO INN STAY

- » 2 Nights lodging at Gonzo Inn
- » Breakfast at Gonzo Inn each morning
- » All meals between departure and return on river trip (While at the Gonzo Inn on days 1 and 2, you'll enjoy dinner on your own. There are plenty of excellent options within walking distance of the Gonzo Inn.)
- » Arches National Park Hike & Tour
- » Off-Road Hummer Sunset Safari

### RAFTING TRIP

- » Transportation to the trip starting point
- » Return transportation after river trip back to Moab, Utah
- » Professional, licensed guides
- » All eating utensils and souvenir cup

- » Unlimited water and lemonade
- » Freshly laundered sleeping bag and sheet
- » Cot (28" x 74")
- » Tent and ground cover
- » Water-resistant dry bag for sleeping gear and personal duffle bag
- » Water-resistant day-use dry bag (6" diameter x 12") for personal items
- » Custom rafts
- » US Coastguard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

## Be Prepared for Any Weather:

Weather is always present on a river trip... Temperatures can fluctuate daily, and may even disobey predicted weather forecasts! It is wise to come prepared for anything, but we realize there are weight and size limitations for packing. While we cannot predict it all, hopefully we've given you the proper insights and information to prepare you for the adventure of a lifetime!

### Rain Gear



**Key Feature:** Easy to wear, versatile, best in warmer weather and rain.

#### PROS:

- Keeps you relatively dry without the "sweat chamber effect"
- Blocks wind-chill after rapids
- Versatile purpose/easy to wear
- Best for rain, shields whitewater

#### CONS:

- Not waterproof during large rapids
- Getting cold can be a threat to fun

vs.

### Paddle Gear



**Key Feature:** Neoprene rubber "gaskets" around wrists & neck. Best in cold weather & whitewater.

#### PROS:

- Nothing better for staying dry
- Ideal when weather remains cold
- Blocks water from all directions
- Best for whitewater

#### CONS:

- Hot & sweaty in warm weather
- Pullover style can be difficult
- Specialized purpose lacks versatility
- No hood for rainstorms

## Get Ready in One Order: Red Rock Outfitters

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. Specifically, we've bundled "The Works" for him, for her and one for gear in general. Get a FREE item with a "Works" purchase. For your convenience, you can order all these items online with Western's retail division: [redrockoutfitters.com](http://redrockoutfitters.com)

## Moab Adventure Center

A large selection of clothing, footwear and gear is available at Western's Moab Adventure Center.



## The morning of your trip:

- Check out of your accommodations & eat a good breakfast.
- Meet at 9:45 am at Moab Adventure Center.
- Come dressed and ready to raft (see diagram below):
- Park either on north side of Moab Adventure Center near the Virginian Hotel, or south near Pizza Hut.
- 30 minute bus ride to the Colorado River boat ramp.

### BIG SMILE

A smile is a curve that sets a lot of things straight

### RETENTION DEVICE(S)

River guides invented these thirty years ago for hats and sunglasses. They work!

### LIFE JACKET / PFD

Available at the river's edge, with the rafts

### LIP BALM & SUNSCREEN

At least 30 SPF - You will have time to apply this on the bus ride

### MEDICATION

(if needed)

### WATERPROOF CAMERA

Or use a waterproof / sandproof case

### QUALITY RAIN GEAR

Good quality rain gear is handy in your day bag for rain, but especially for rapids!



### HAT FOR SUN PROTECTION

Wide-brimmed hat, baseball cap or visor

### COMFORTABLE SHIRT

Best with UPF for sun protection

### SUNGLASSES

They're not just for Hollywood looks

### QUICK DRY SHORTS

Makes sitting on the raft more comfortable

### WATER BOTTLE WITH A CLIP

Always drink lots of water in the desert

### STURDY WATER SANDALS OR SHOES

No flip flops, mukluks, cowboy boots, spurs, etc.



## Gear provided:

- Large water-resistant gear bag containing a sleeping bag, sheet, and ground tarp. Once you are dressed and ready for the river that day, you should pack your personal duffel inside this large rubber bag where you can access it again that night at camp. (Inaccessible during the day).
- Small day bag to hold personal items you need throughout the day (sunscreen, lip balm, rain suit, camera, snacks).
- Lifejacket / PFD will be handed out and proper fitting will be demonstrated by your guides when you meet them at the rafts.
- Rafts: This trip uses oar-rig rafts, paddle rafts and inflatable kayaks.

## Things to bring:

- Duffel bag (approx. 12"x13"x24"), packed with clothing, toiletries, personal items outlined on the packing list
- Extra drinks, if desired. No glass containers. Water and lemonade are provided.
  - Utah State Liquor Store (beer, wine) - 55 West 200 South (closed Sundays)
  - City Market (beer, soda, etc) -- 425 South Main Street
- Extra snacks, if desired. (Snacks will be provided during the trip).
- Photo ID, a major credit card, and cash for gratuities.

## Things to leave: (NOT TO BRING ON THE RIVER)

- Car keys can be left in secure location at front desk of Moab Adventure Center
- Electronic devices (storage available for heat-sensitive items)
- Jewelry

## It's an Expedition!

- River water levels vary throughout the rafting season.
- Weather is always present on a river trip.... Temperatures can fluctuate daily, and may even disobey predicted weather forecasts!
- Trip includes calm water sections both before and after each of the whitewater rapids.